

Restaurants and Bars

Overview

The legal drinking age in Russia is 18 years of age. The sale of strong alcohol is prohibited after 10pm. Drinking is prohibited on public transport, streets and parks. Restaurants and cafes have specially designated smoking and no-smoking areas.

In Sochi/Adler you can taste a lot of different dishes from different parts of the world. Traditional Russian and Caucasian cuisine is usually the most interesting for foreign guests. Russian cuisine is represented by a wide choice of soups, salads, entrees, hot dishes and pastries. Many of the dishes with a basis of dough are traditional and very popular in Russia: pies, patties, coulibiac (a fish pie), donuts, kolache, rolls, cottage loaves, pancakes, pelmeni (a kind of ravioli with minced meat), vareniki (a curd or fruit dumpling), pancakes and noodles. It is also typical for traditional Russian cuisine to use different kinds of cereals: porridges, puddings, oatmeal *kissel* (a kind of blancmange), peas and lentils.

There are many different types of soup - *shchi* (cabbage soup), *borsch* (beetroot soup), *solyanka* (soup of vegetables and meat or fish), *ukha* (fish soup), *okroshka* (a cold kvass soup with chopped vegetables, hard-boiled eggs and meat), etc.

Caucasian cuisine unites Armenian, Georgian and Azerbaijani. It is first and foremost meat, local Black Sea fish, vegetables, greens, spices and red wines. *Lobio* (beans), *satsivi* (chicken), *khachapuri* (Georgian cheese pastry), and of course, *shashlik* (Shish kebab) are staples of Caucasian food. Many hot-spiced sauces are used in the preparation of Caucasian meals, the most famous of which are tkemali (a cherry and plum sauce) and adzhika (made with tomatoes, chili pepper and walnuts).

The average bill per person starts at RUB750 to RUB1,500. Tips are not included in the bill. It is common (although not obligatory) to give the waiter up to 10% tip (cash only).

<http://sochi.allcafe.ru/restaurants>

<http://www.restoran.ru/sch/>

Restaurants in Sochi

Grand Bazar
Authentic Russian Restaurant
Credit Cards Accepted
Address: Neserbskaya str, 4

London Bar
Western Food
Credit Cards Accepted
Address: Neserbskaya str, 6

Prtichal No1
Sea Port Area
English speaking staff
Mediterranean & European Cuisine
Address: Voykova str, 1/1a

Tchaika
Sea Port Area
Address: Voykova str, 1



Eurasia
Not far from Sea Port
European, Arab, Russian Cuisine
Credit Cards Accepted
Address: Primorskaya str, 3a/1

Lentyai
“Lazy Man”
Styled as the house of a lazy man
European & Russian
Credit Cards Accepted
Address: Chernomorskaya str, 12

Lighthouse
Sea Panorama
Arab & European Cuisine
Close to Mairins Park Hotel
Credit Cards Accepted
Address: Morskoy per. 1/1b

Sinee More
“Blue Sea”
Caucasia, Mediterranean, European Cuisine
Sea Panorama
Credit Cards Accepted
Address: Chernomorskaya str. 11/2

Restaurants in Adler

Zilly Billy
Authentic Russia Cuisine
Reasonable priced
Credit Cards Accepted
Address: Lenina-Demokraticeskaya str.50/7

Moscow Restaurant (Vesna Hotel)
European and Caucasian Cuisine
Credit Cards Accepted
Address: Adler-Kurort

Fusion (across from AC hotel)
European & Mediterranean Cuisine
Address: Prosvesheniya str, 36

La Paseria
Italian Cuisine
Credit Cards Accepted
Address: Prosvesheniya str, 42/1

Pontos Restaurant
Greek, Russian & Caucasian Cuisine
Credit Cards Accepted
Address: Prsvesheniya str, 46

Restaurants in the Mountains

Polyana Restaurant
European Cuisine
Credit Cards Accepted
Address: Berezovaya str, 134

Le-Chef Restaurant
French Cuisine
Credit Cards Accepted
Address: Pchelovodov str, 23

Restaurant Patsha Achishkho
European & Caucasian Cuisine
Credit Cards Accepted
Address: Achishkhovskaya str, 1

Vershina Restaurant
Russian & Caucasian Cuisine
Credit Cards Accepted
Address: Esto-Sadok, Gornaya Karusel