

LONG-TERM PLAYER DEVELOPMENT

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THEMES

DEVELOPMENT ISSUES

PARTICIPATION & EXCELLENCE

ENVIRONMENT / CULTURE

‘TALENT’

ADULTS

3

**POPULATION SIZE
FINANCIAL SUPPORT
SOC - CULT - POLI**

2

**EXISTENCE &
IMPLEMENTATION OF
ATHLETE DEVPT PLAN**



100

50

0

2

6

10

14

18

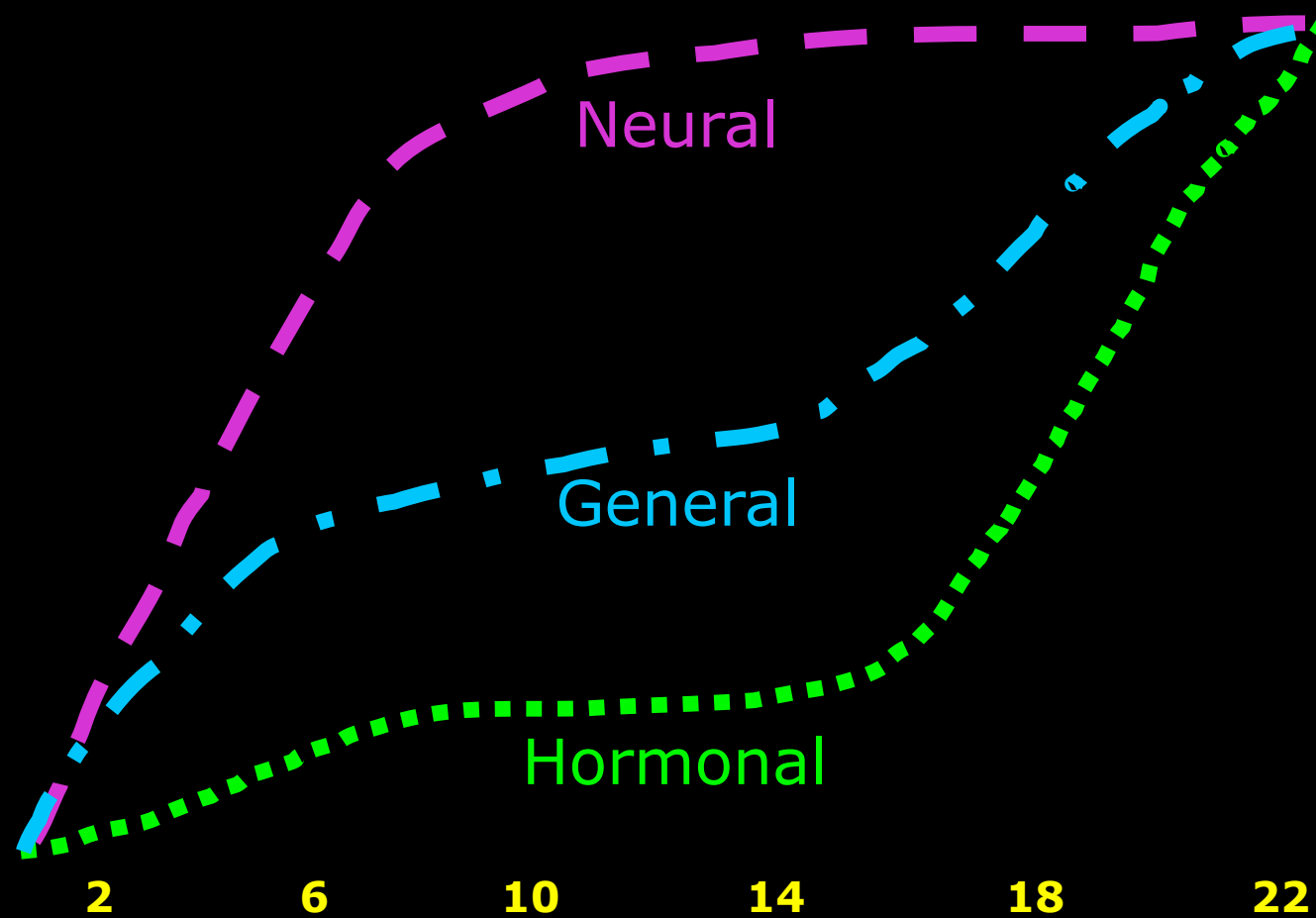
22

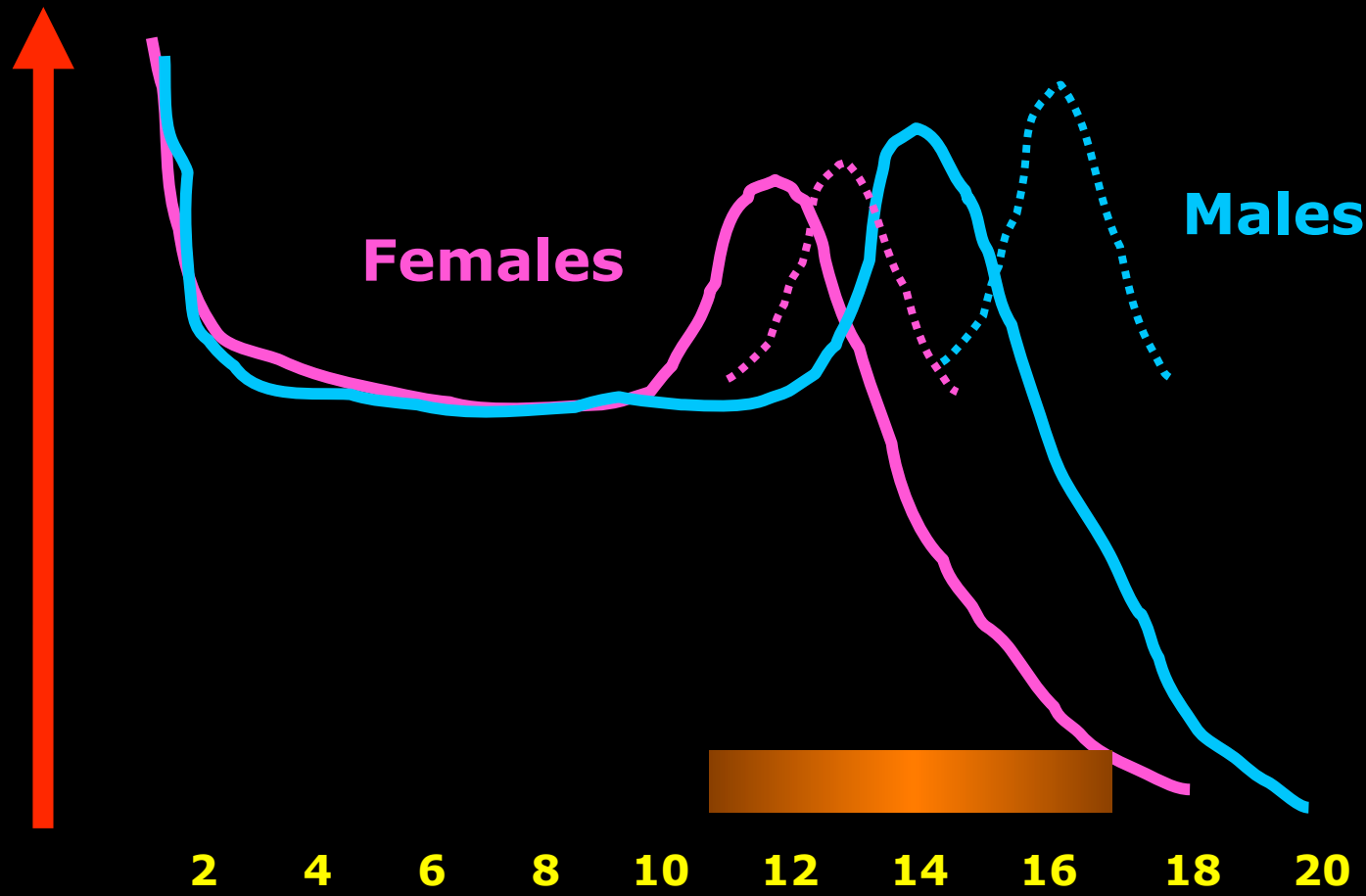
Neural

General

Hormonal

Adapted from Scammon, 1930





Adapted from Tanner, 1978 & Kahn, 1999



**13 YEARS
OLD
GIRLS**

**14 YEARS
OLD
BOYS**

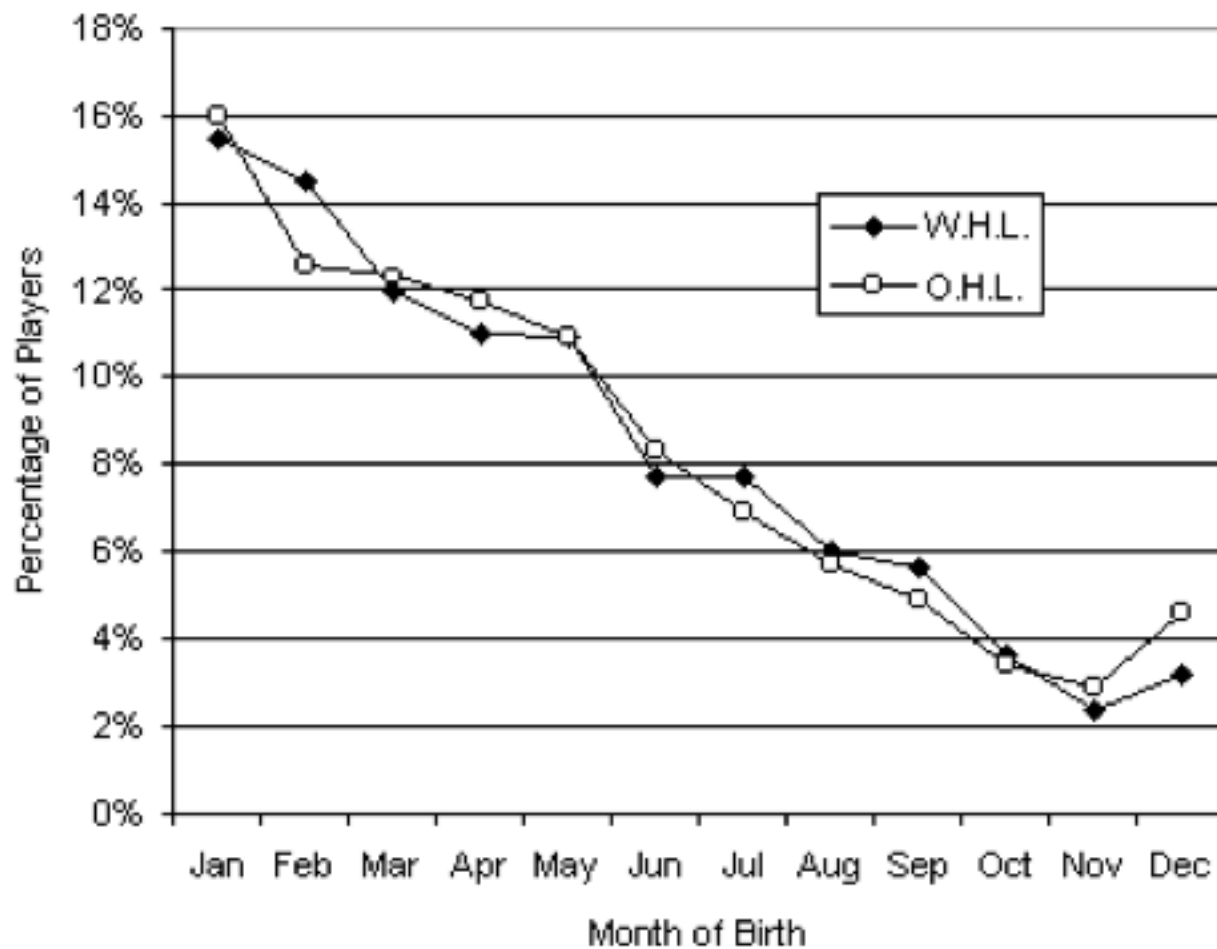


14 YEAR OLDS

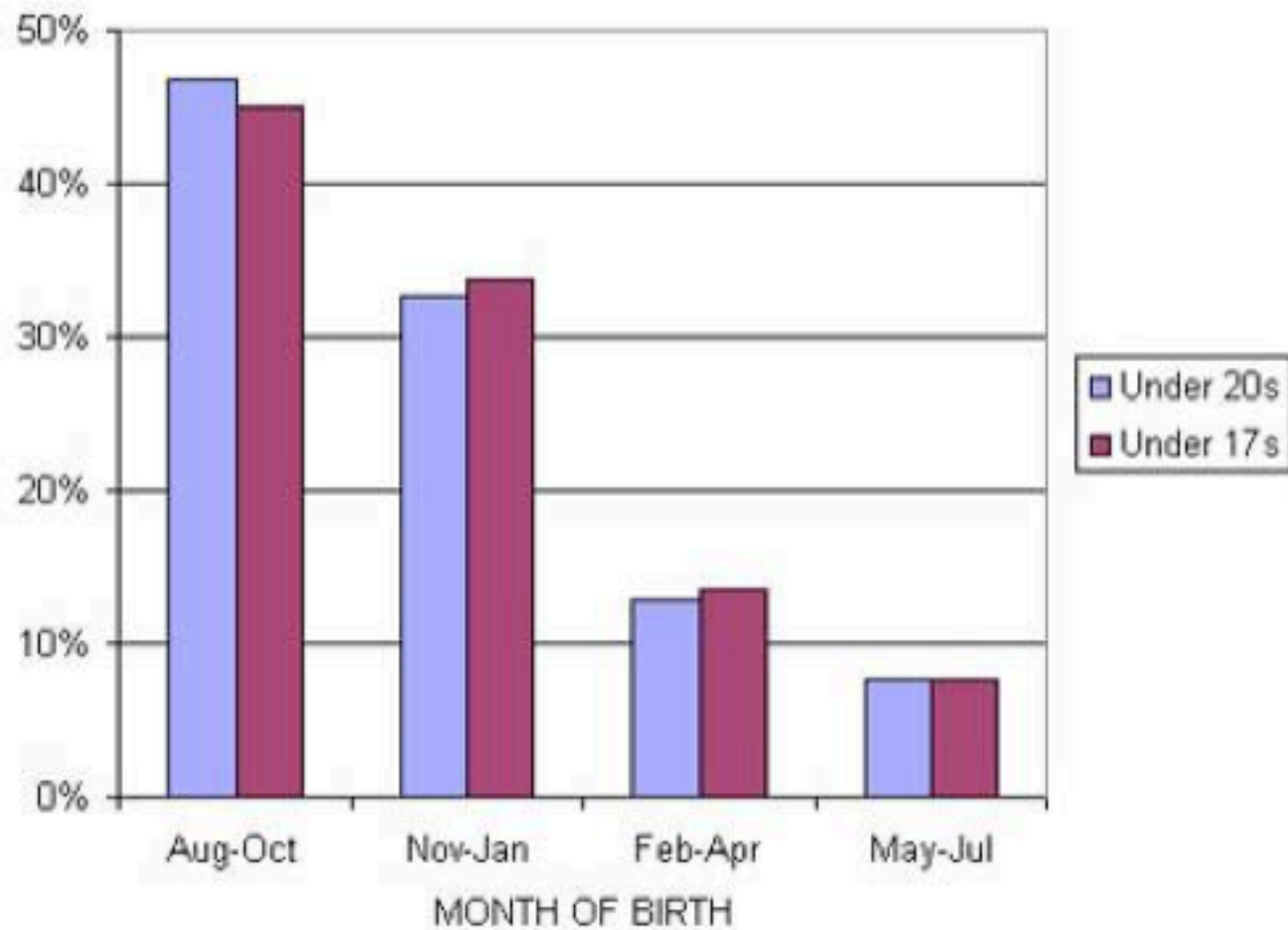




DISTRIBUTION OF BIRTHMONTHS OF O.H.L. AND W.H.L. PLAYERS



DISTRIBUTION OF BIRTH MONTHS AMONG 1989 WORLD CUP YOUTH SOCCER PLAYERS



4

**CHILD BASIC
JUVENILE INTERMEDIATE
JUNIOR ADVANCED
ADULT ELITE**

Filin 1964

Tschiene 1970

Hess 1971

Frey 1978

Thiessen-Seibmann 1959

Balyi 1995

Bompa 1995

Drabik 1996

**Long-term Sport
Mastery**

leading to

**Maximal Realization of
Performance Capacity**

leading to

**Fundamental
Preparation**

Viru, 1995

Train to Win

leading to

Train to Compete

leading to

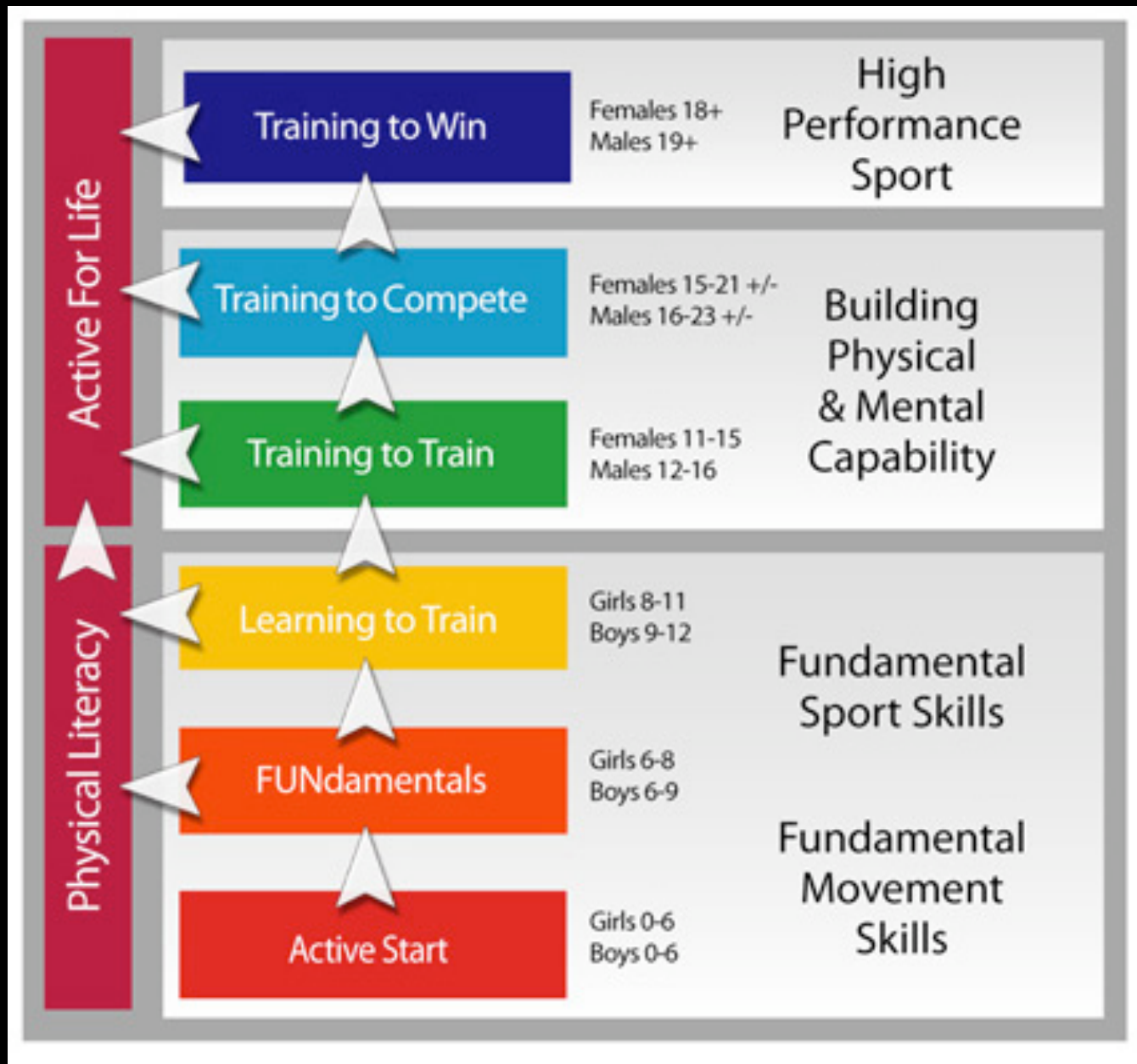
Train to Train

leading to

FUNdamental

AIM: Balyi et al., (ATP), 1999

CONCEPT



GROUND

WATER

**SNOW
& ICE**

AIR

STANDARDS



EXCELLENCE

WORLD LEADING

WORLD CLASS

HIGH PERFORMANCE

**ATHLETIC
EXCELLENCE**

Ability to maintain ...

TECHNICAL excellence

at **SPEED**

under **PRESSURE**

when **FATIGUED**



17:07
11.11.2006

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+ 16.0°C
28.2 MPG

233.1
47247

ASSESSING GIFTS & APTITUDES

KPAs / KPIs

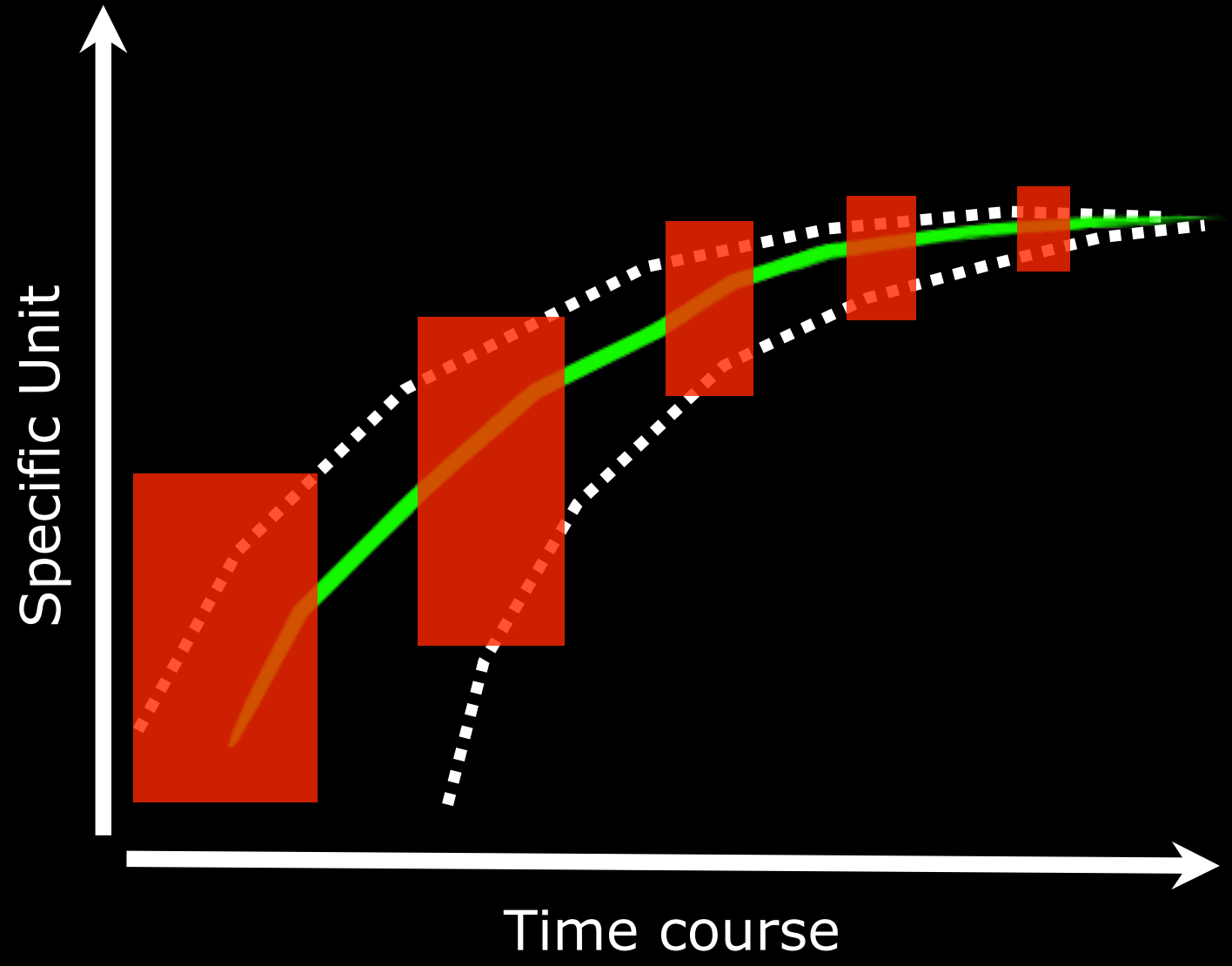
- **Technical progress & checklist**
- **Physical**
- **Tactical & cognitive**
- **Psychological**
- **Social / behavioural / emotional**

ASSESSING GIFTS & APTITUDES

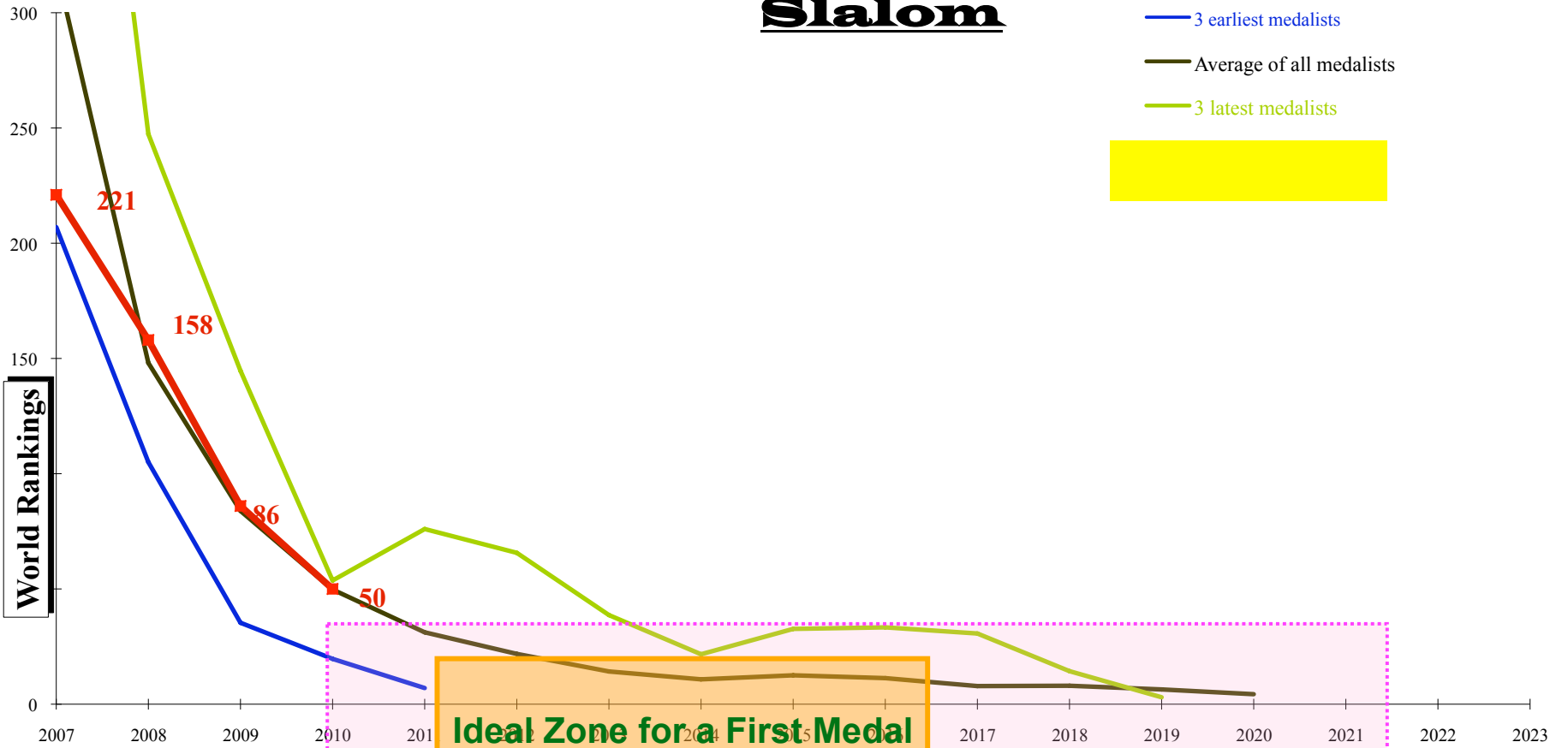
KPAs / KPIs

- Rate of progress
- 12, 14, 16, 18 yr old?
- Expert coach
- What do you look for?
- When do you look for it?
- Compensation phenomenon
- Deficiencies?
- More difficult to assess

TRACKING PERFORMANCE



Slalom



TALENT



WHAT IT TAKES TO BECOME A CHAMPION MAY BE DIFFERENT FROM WHAT IT IS TO BE A CHAMPION!

Gagné, 2004; Tranckle & Cushion, 2006

COMPREHENSIVE APPROACH

Talent Identification & High Performance Streaming

Talent
Detection

Conservatory / Academy / Schools

Special Programs*

LTAD (*Generic, then Sport Specific*)

Elite

Talent
Detection

Talent
Selection

Open
Try Outs

Talent
Transfer

Norris, 2009

**THANK YOU
FOR
LISTENING**

