

## COACH EDUCATION



2020 - 21

# Table of Contents



3 - NCCP Overview	14 - High Performance 2
4 - Hockey University	16 - Instructional Stream
6 - Coach 1 – Intro to Coach	18 - Continuing Education and Certification Maintenance
8 - Coach 2 – Coach Level	
9 - Development 1	20 - Resources
11 - High Performance 1	

**VISION: WORLD SPORT LEADERS**



# National Coaching Certification Program



- ❖ Hockey Canada's National Coach Certification Program (NCCP) is a competency-based program. The program enables coaches to build their coaching tools and knowledge of the game, so they can work effectively with their players.
- ❖ Within the Hockey Canada structure the Community Coach Stream, Competition Introduction Stream, Competition Development Stream and Instructional Stream are delivered at the provincial level. Clinic schedules can be obtained by contacting your local Hockey Canada Branch.

# Hockey University

For Hockey Canada members wishing to become trained in Coach 1 or Coach 2 their first stop will be Hockey University. This engaging, interactive online platform provides the baseline of information needed, and it's all done at your convenience wherever you access the internet.

**Community Coach** addresses the core knowledge every new coach must have as they begin their coaching career. Topics covered in the four-hour program include the coaching code of ethics; skills, drills and thrills; dealing with athletes; dealing with parents; and the philosophy of coaching. The Community Coach program is delivered in two parts: in Part A, you complete the online program, while in Part B, you lace up, step on the ice and put what you learned to work.

The screenshot shows the Hockey University COACHING website. At the top left, it says "brought to you by CANADA". The main header is "COACHING" and "GOTO FRENCH" is in the top right. A navigation menu on the left includes "HANDOUTS", "FAQ", "LINKS AND RESOURCES", and "HELP". The central logo features a stylized red and black hockey stick and puck, with the text "HOCKEY UNIVERSITY presented by HOCKEY CANADA". The main content area is titled "Module 1 - Introduction and Welcome" and lists several modules with their respective topics and durations:

- Module 1 - Introduction and Welcome**
  - Welcome and Introduction (4:36 / 4:36)
- Module 2 - So You Want to be a Coach**
  - Philosophy of Coaching (6:25 / 8:55)
  - Developing a Coaching Style (7:28 / 7:28)
  - Traits of a Successful Coach (3:40 / 3:40)
- Module 3 - Communication**
  - Defining Communication (2:13 / 2:13)
  - Developing Effective Verbal Communication (5:37 / 5:37)
  - Developing Effective Non-Verbal Communication (4:45 / 5:59)
  - Effective Listening (3:55 / 3:55)
  - Providing Feedback (7:06 / 7:06)
  - What Kind of Communicator Are You? (4:26 / 5:20)
  - Habits of Effective Communicators (6:27 / 6:27)
- Module 4 - Leadership**
  - The Art of Being a Leader (4:52 / 4:52)
  - Leadership Styles (6:11 / 6:11)
- Module 5 - Who Am I Coaching?**
  - Who am I Coaching? (4:32 / 4:32)
  - Kids and Their Parents (3:35 / 3:35)
  - Growth and Development (3:29 / 3:29)
  - Dealing with Players (2:56 / 2:56)



# Coaching and Instructional Stream Clinics



- ❖ Coaches enter into a ‘stream’ of coaching or instruction by taking part in clinics that are relative to the athletes that they are working with.
- ❖ Hockey Canada offers 6 Coaching Clinics and 5 Instructional stream areas of focus.



**Within Hockey Canada**, Coach 1, Coach 2, Development 1 and High Performance 1 are requirements at different levels of age groups. Development 2 and High Performance 2 are approved Professional Development courses and can be applied towards Certification Maintenance through the Coaching Association of Canada

# Coach 1 – Intro to Coach



The Coach 1 clinic is designed with the following key messages:

- ❖ Keep them safe and keep them moving
- ❖ Emphasize the FUNdamentals
- ❖ Incorporate skill development for every participant

## COMMUNITY COACH STREAM: COACH 1 - INTRO TO COACH





# Coach 1 – Intro to Coach



## THE OBJECTIVES OF THE PROGRAM

- ❖ To learn the basic skills required to play the game of hockey.
- ❖ To develop an understanding of basic teamwork through participation in a variety of activities and game situations.
- ❖ To create and refine basic motor patterns.
- ❖ To develop self-confidence and experience personal achievement within a positive team atmosphere.

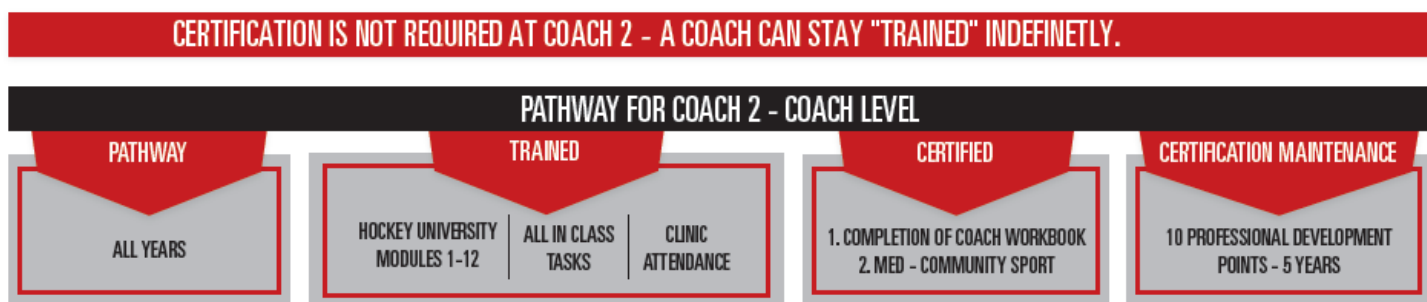
# Coach 2 – Coach Level



The intention of the face-to-face clinic is to enhance the delegate's on-line training experience with Hockey University. The four main components are:

- ❖ On Ice Safety and Teaching Tips
- ❖ Skating
- ❖ Puck Control
- ❖ Small Area Games

## COMMUNITY COACH STREAM: COACH 2 - COACH LEVEL





# Development 1

Coaches learn good coaching habits when they have the opportunity to practice effective coaching behaviors. This clinic is designed to give coaches plenty of opportunities to do and think for themselves.



Coaches in Development 1 get an in-depth practical look into:

1. Team Building
2. Skill Development Pyramid
3. Drill Design
4. Developing Drill Progressions
5. Practice Planning
6. Developing Athletic Abilities
7. Individual Skills and Tactics
8. Make Ethical Decisions

## COMPETITION INTRODUCTION STREAM: DEVELOPMENT 1



# Development 1



## Certification Pathway

To become a fully certified at the Development 1 level, each coach must complete the following:

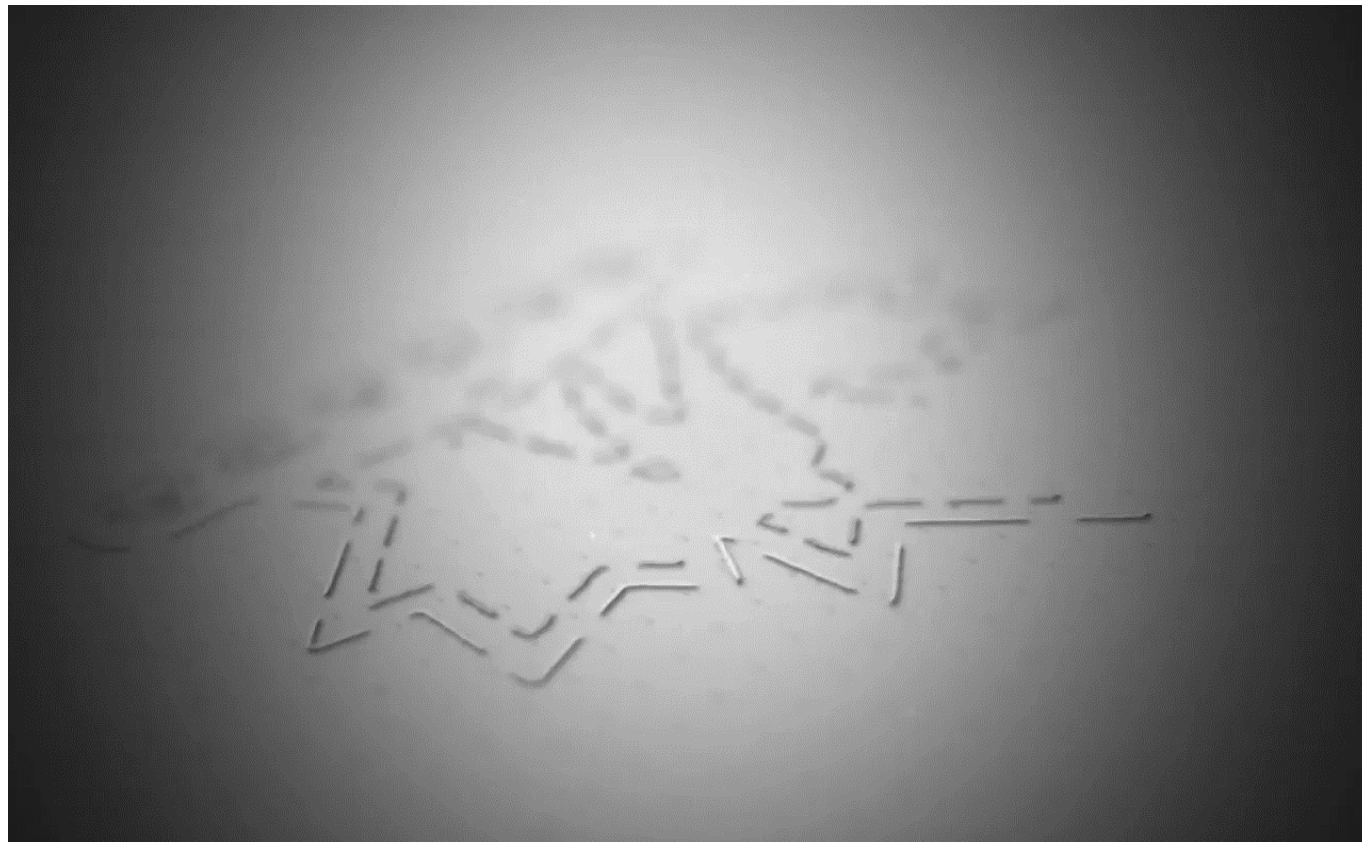
- ❖ Written Assignment
- ❖ Field Evaluation – Practice
- ❖ Online Evaluation of Make Ethical Decisions through the Coaching Association of Canada

## COMPETITION INTRODUCTION STREAM: DEVELOPMENT 1



**All Head Coaches**, that coach teams in U13 or above teams at competitive levels, as determined by the Branch, must be Development 1 “Certified” (other than those requiring High Performance 1). It is recommended that all assistant coaches have Development 1 “Trained” status. This took effect in the 2015 / 16 season.

# High Performance 1



The High Performance stream is for those who are coaching players in the U15 AAA, U16 AAA, U18 AAA and Junior A age categories and who have aspirations to coach at national and international competitions. Players in these age categories are 13 to 21 years old, and they have shown the skills needed to be considered emerging players.



# High Performance 1



HP1 seminars consist of 19 Multi-Sport and Hockey specific modules along with group and individual tasks. These modules are broken up in to 4 sections:

1. Core Modules
2. Art of Coaching
3. Technical/Tactical
4. Specialized

The Seminar can take place in over 5 to 7 days: 5 days if NOT delivered in partnership with a Program of Excellence (POE), 7 days if delivered in partnership with a POE.

2017 HP1 Task Outline and Outcomes

Sections	Module	Delivery and Tasks					Outcome	
		Time		WB/FE	Group/Self	Evaluation	Coaching Association of Canada	Hockey Canada
		Facilitator	Group					
Core A	Leadership Techniques in Coaching	1.5	1.0	Workbook	Both	WA/FE	Effective leadership for managing a sport program	Demonstrate professionalism - Be a role model
	Planning, Teaching and Evaluating Techniques in Coaching	2.5	1.5	Workbook	Both	WA/FE	Coaching effectiveness	How you practice determines how you play
	Physical Preparation	1.5	1.0	Workbook	Both	WA/FE	Fitness, injury prevention and rehabilitation	Players READY to win races, win battles and recover
	Planning a Competitive Program	1.5	1.5	Workbook	Both	WA/FE	Strategic planning and program management	Where, when, how, why? - Road map to the Cup
	Advanced Skill Analysis	1.5	1.0	Workbook	Both	WA/FE	Applying Scientific Principles	Error detection and correction creates more proficient players
	Managing Conflict	1.0	1.0	Workbook	Both	Online	Identify sources of conflict in sport	Approaches to managing conflict
	Make Ethical Decisions	1.0	1.0	Workbook	Both	Online	Apply an ethical decision making process	Develop a coaching philosophy to adhere to the NCCP code of conduct
	Leading Drug Free Sport	1.0	1.0	Workbook	Both	Online	Applying Canadian Policy Against Doping in Sport	Ensuring athlete responsibility
Art B	Mental Preparation	1.0	1.0	Workbook	Self	WA/FE	Sport psychology	Get you, your staff and team in the 'Zone'
	Player Evaluation and Selection	1.0	0	Workbook	Both	FE	Talent identification	Select the 'right' players for the team or short-term competition
	Game & Bench Management	1.0	1.0	Workbook	Group	FE	Leadership	Successfully manage your staff and players under pressure
	Team Building	1.0	1.0	Workbook	Group	WA/FE	Team chemistry	Build a championship culture
	Effective Use of Technology	1.0	1.0	Field Evaluation	Both	FE	The 21 <sup>st</sup> Century coach	Knowledge is power - Capture and exploit objective data
Tech/Tact C	Power Play	1.0	1.0	Both	Group	WA/FE	Special teams	Convert 20%+ opportunities
	Penalty Kill	1.0	1.0	Both	Group	WA/FE	Special teams	Deny 90%+ opportunities
	Offensive Team Play	1.5	1.0	Both	Both	WA/FE	Off. team tactics, systems, strategies	Outscore the opposition
	Defensive Team Play	1.5	1.0	Both	Both	WA/FE	Def. team tactics, systems, strategies	Deny the opposition
Specialized D	Goalie Coaching	1.5	1.0	Field Evaluation	Both	FE	Goaltending Management	Practices and games through the eyes of your goaltenders
	Coaching Pathways	1.0	1.0	Workbook	Self	WA	Career and life management (perspective, balance, goal setting)	Coaching road map - lifelong learning and pro. development
Total Presentation		24 HRS	19 HRS				Maximize Team Performance	Training to WIN!



# High Performance 1



## HP1 Certification Pathway

To become a fully certified at the High Performance 1 level, each coach must complete the following:

1. Written Assignment
2. Two Field Evaluations – a Practice and a Game
3. Three online evaluations, Make Ethical Decisions, Leading Drug Free Sport and Managing Conflict through the Coaching Association of Canada.

## COMPETITION DEVELOPMENT STREAM: HIGH PERFORMANCE 1



**All Head Coaches** coaching U15, U18, Junior A teams that compete in Interprovincial or National Championships or the highest level as determined by the Branch, must be High Performance 1 "Certified". It is recommended that all Assistant coaches be at minimum Development 1 "Trained". This would take effect starting in the 2015/16 season and 2016/17 for Junior 'A'.



# High Performance 2



HP2 seminars consist of 10 Multi-Sport and Hockey specific modules along with group and individual tasks. These modules focus on:

1. Developing Leadership in a High Performance Environment
2. Seasonal Physical Preparation
3. Skills and Video Analysis
4. Technical / Tactical

## COMPETITION DEVELOPMENT STREAM: HIGH PERFORMANCE 2



The Seminar is hosted every 2 years by Hockey Canada and takes place over 6 days in July.



# High Performance 2



## HP2 Certification Pathway

To become a fully certified at the High Performance 2 level, each coach must complete the following:

1. Written Assignment consisting of six tasks.
2. Two Field Evaluations – a Practice and a Game

## COMPETITION DEVELOPMENT STREAM: HIGH PERFORMANCE 2



**High Performance 2** is not a requirement to coach in Canada. High Performance 2 is Professional Development and the points gained can be applied to Certification Maintenance with the Coaching Association of Canada. As well, coaches choosing to pursue an Advanced Diploma, in Hockey, through the Coaching Association of Canada must complete HP2 as part of the AD certification pathway.

# Instructional Stream

The Instructional Stream is a series of clinics that assists coaches and players to develop the skills required to play the game of Hockey. These clinics are composed of in-class and on ice sessions and are facilitated by Instructors trained by Hockey Canada. Coaches' clinics are offered on five different topics:

1. Skating
2. Checking Skills
3. Goaltending
4. Developing Defencemen
5. Skills
6. Shooting and Scoring
7. Small Area Games

The focus of these clinics is to assist the coach in developing the knowledge and skills to teach and develop age appropriate skills (based upon Hockey Canada's Long Term Player Development model).

## INSTRUCTIONAL STREAM HOCKEY CANADA - NATIONAL COACHING CERTIFICATION PROGRAM

AREAS OF FOCUS							
SKATING	CHECKING SKILLS	DEVELOPING DEFENCEMEN	SKILLS	GOALTENDING	SHOOTING & SCORING	SMALL AREA GAMES	
L, 2, 3	L, 2, 3	L, 2, 3	L, 2, 3	L, 2, 3	L, 2, 3	L, 2, 3	
ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
MASTER	MASTER	MASTER	MASTER	MASTER	MASTER	MASTER	
CLINIC/SEMINAR		AGE GROUP		STATUS			
IS 1 TRAINED TO TRAIN BEGINNER LEVEL PLAYERS		*5-6 YRS INITIATION   7-8 YRS NOVICE   9-10 YRS ATOM		ATTENDANCE AND SUCCESSFUL COMPLETION OF ALL TASKS INCLUDING MAKE ETHICAL DECISIONS (INSTRUCTOR) TRAINING AT AN IS 1 CLINIC IN A SPECIFIC IS AREA OF FOCUS		NO CERTIFIED STATUS AT EITHER IS 1 OR 2	
IS 2 TRAINED TO TRAIN BEGINNER AND INTERMEDIATE LEVEL PLAYERS		11-12 YRS PEEWEE   13-14 YRS BANTAM   15-17 YRS MIDGET		ATTENDANCE AND SUCCESSFUL COMPLETION OF ALL TASKS AT IS 1 AND 2 CLINICS IN A SPECIFIC IS AREA OF FOCUS		TRAINED STATUS IN IS 1 AND 2 PLUS: SUCCESSFUL COMPLETION OF MAKE ETHICAL DECISIONS (INSTRUCTOR) ONLINE EVALUATION SUCCESSFUL EVALUATION OF THE WRITTEN ASSIGNMENT SUCCESSFUL FIELD EVALUATIONS OF SKATING, SKILLS, CHECKING SKILLS, AND DEVELOPING DEFENCEMEN OR SUCCESSFUL FIELD EVALUATION OF GOALTENDING	
IS 3 TRAINED TO TRAIN BEGINNER, INTERMEDIATE AND ADVANCED LEVEL PLAYERS, AS WELL AS COACHES AND IS 1 AND 2 INSTRUCTORS		5-17 YRS (INITIATION TO MIDGET)		ATTENDANCE AND SUCCESSFUL COMPLETION OF ALL TASKS AT ALL IS 1 AND 2 CLINICS FOR ALL FIVE AREAS OF FOCUS. ATTENDANCE AT NATIONAL INSTRUCTIONAL STREAM SKILLS SEMINAR OR NATIONAL INSTRUCTIONAL STREAM GOALTENDING SEMINAR ATTENDANCE AT MCCP COACH DEVELOPER TRAINING - CORE TRAINING FOR COACH EVALUATORS		CERTIFIED IS 3 PLUS: SUCCESSFUL COMPLETION OF LEARNING FACILITATOR CO-DELIVERY AND EVALUATION SUCCESSFUL COMPLETION OF COACH EVALUATOR CO-DELIVERY AND EVALUATION	
IS ADVANCED TRAINED TO TRAIN PLAYERS OF ALL AGES, AS WELL AS COACHES AND IS 1, 2, AND 3 INSTRUCTORS		5-20+ YRS INCLUDING: MIDGET, AAA, JUNIOR, PRO		CERTIFIED IS 3 EXPERTS CHOSEN BY HOCKEY CANADA ATTENDANCE AT MCCP COACH DEVELOPER TRAINING - CORE TRAINING FOR LEARNING FACILITATORS		CERTIFIED IS 3 PLUS: SUCCESSFUL COMPLETION OF LEARNING FACILITATOR CO-DELIVERY AND EVALUATION SUCCESSFUL COMPLETION OF COACH EVALUATOR CO-DELIVERY AND EVALUATION	
IS MASTER TRAINED TO TRAIN PLAYERS OF ALL AGES, AS WELL AS COACHES AND IS 1, 2, AND 3 INSTRUCTORS SELECTED BY HOCKEY CANADA TO TRAIN DELEGATES AT THE NATIONAL INSTRUCTIONAL STREAM SEMINAR		5-20+ YRS INCLUDING: MIDGET, AAA, JUNIOR, PRO		CERTIFIED ADVANCED SUBJECT-MATTER EXPERTS CHOSEN BY HOCKEY CANADA ATTENDANCE AT MCCP COACH DEVELOPER TRAINING - CORE TRAINING FOR MASTER COACH DEVELOPERS		CERTIFIED ADVANCED PLUS: SUCCESSFUL COMPLETION OF MASTER COACH DEVELOPER CO-DELIVERY AND EVALUATION	

\*THREE AREAS OF FOCUS ARE NOT APPROPRIATE FOR THIS AGE GROUP: CHECKING SKILLS, DEVELOPING DEFENCEMEN, AND GOALTENDING.



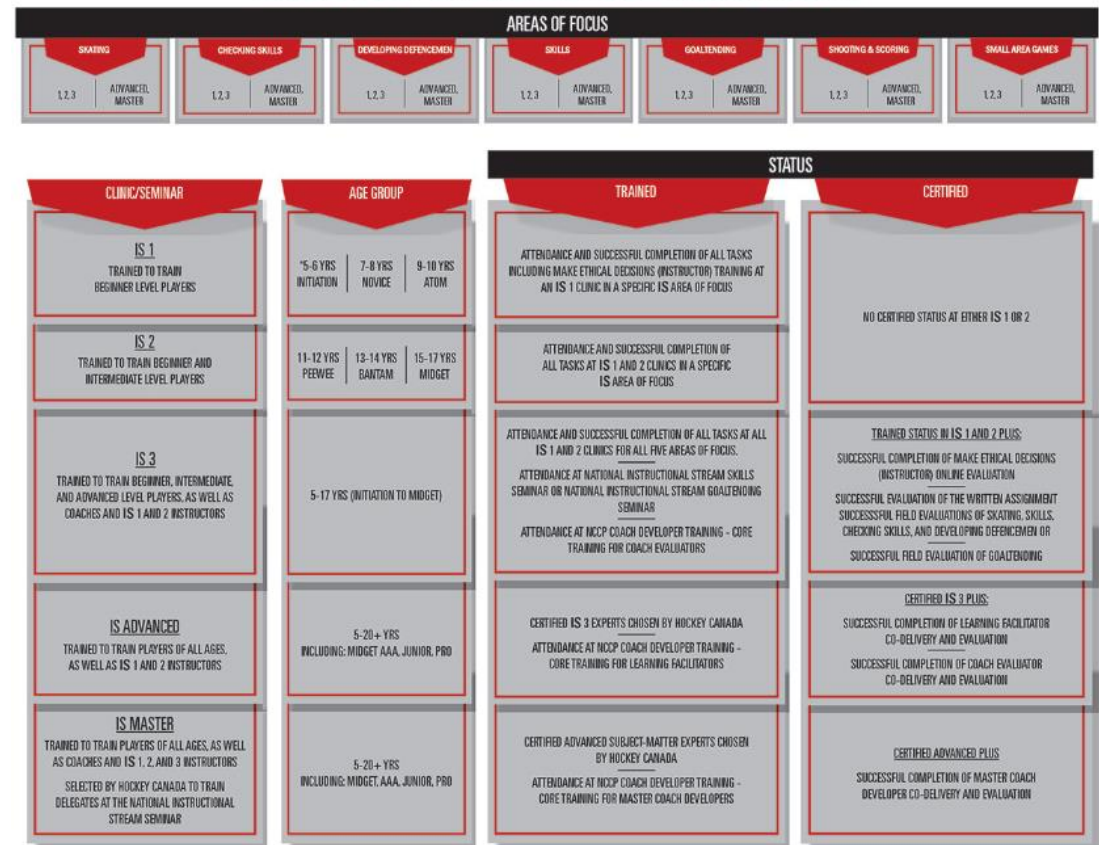
# Instructional Stream

## Instructional Stream Certification Pathway

To become a fully certified as a Skills Coach or Goaltending Coach with Hockey Canada an Instructor must complete the following:

1. Trained status (level I and II) in all Player Development skills OR Goaltending
2. Attendance at the National Skills Coach Certification Seminar hosted by Hockey Canada
3. Written Assignment
4. Field Evaluation in Player Development skills or Goaltending
5. Online evaluation of Make Ethical Decisions through the Coaching Association of Canada.

## INSTRUCTIONAL STREAM HOCKEY CANADA - NATIONAL COACHING CERTIFICATION PROGRAM



\*THREE AREAS OF FOCUS ARE NOT APPROPRIATE FOR THIS AGE GROUP: CHECKING SKILLS, DEVELOPING DEFENCEMEN, AND GOALTENDING.





# Professional Development and Certification Maintenance

The certification maintenance requirements began in January of 2014, in which a coach has 5 years to obtain a certain number of credits in order to maintain certification.

Certification maintenance is only applicable for levels that Certification can be achieved. Within Hockey Canada these levels include Coach 2, Development 1 and HP1 once you gain certification status.

### 9.2 Policy Statement

- 9.2.1 Certification within the NCCP shall be valid for a maximum period of 5 years.
- 9.2.2 The concept of “life-span of NCCP certification” shall apply to coaches who:
  - A. Are already certified and according to the standards of the Levels-NCCP
  - B. Are certified according to the standards of the Levels-NCCP while it is still in effect
  - C. Are certified according to the standards of an NCCP context’s core certification and gradations
- 9.2.3 Maintenance of certification must be based on active coaching and professional development

### 10.2 Policy Statement

- 10.2.1 Professional development is required for coaches to renew “Certified” status in any context or gradation
- 10.2.2 Professional development requirements must be completed by the end of the period for which the certification is valid
- 10.2.3 A National Sport Organization has the option to require coaches to complete professional development to renew “Trained” status
- 10.2.4 Coaches are required to obtain a minimum number of Professional Development credits, dependent upon the context in which they are certified and the NSO-determined period within which they must renew their certification

Professional Development Credits required:	
Context (includes any gradation)	5 Years
Community Sport (Coach 1 / 2) Instruction - Beginners	10 Points
Competition Introduction (Dev 1) Instruction – Intermediate Performers Instruction – Advanced Performers	20 Points
Competition – Development (HPI)	30 Points



# Professional Development and Certification Maintenance

## Professional Development and Certification Maintenance

Hockey Canada, its Members and Member Partners deliver clinics that can be applied to Certification Maintenance with the Coaching Association of Canada. These courses include:

1. Member and Member Partner Coaching Day Clinics
2. Specialty Skills Clinics
3. Program of Excellence

The Coaching Association of Canada also deliver clinics that can be applied to Certification Maintenance and include:

1. Making Headway
2. Coaching Athletes with a Disability
3. Aboriginal Coaching Module



### CERTIFICATION AND PROFESSIONAL DEVELOPMENT CREDITS



Hockey Canada Approved Certification Maintenance / Professional Development Credits	
Program / Clinic	Points
English: Active Coaching French: Entraînement actif	1 point per active year
English: Next Level in NCCP Clinics French: Prochain niveau des stages du PNCE	Automatically meets requirement
English: Learning Facilitator French: Personne-ressource	1 point per active year
English: Evaluator French: Évaluateur	1 point per active year
English: Hockey Canada Program of Excellence Seminar French: Séminaire du Programme d'Excellence de Hockey Canada	3 points
English: Hockey Canada Skills Academy Seminar French: Séminaire des Académies des habiletés Hockey Canada	3 points
English: Member High Performance Seminars - Male French: Séminaires du membre pour la haute performance - masculin	3 points
English: Member High Performance Seminars - Female French: Séminaires du membre pour la haute performance - féminin	3 points
English: Member Specialty Clinics - Skating / Puck Control / Small Area Games/ Developing Defencemen / Shooting and Scoring / Creating Offence French: Stages spécialisés du membre - Patinage / Contrôle de la rondelle / Jeux dans des espaces restreints / Développer des défenseurs / Tirer et marquer / Créer de l'offensive	3 points
English: Member Coach Development Weekend French: Fin de semaine du membre pour le développement des entraîneurs	3 points
English: Member Coaching Day Clinics French: Stages Journée des entraîneurs du membre	3 points
English: Development 2 Coaching Clinic French: Stage de PP des entraîneurs Développement 2	3 points
English: High Performance 2 Coaching Clinic French: Stage de PP des entraîneurs Haute Performance 2	3 points
English: Respect in Sport - Hockey Canada French: Respect et Sport - Hockey Canada	2 points
English: Hockey Canada Safety Program French: Programme de sécurité de Hockey Canada	2 points
English: National Coach Mentorship Program Seminar French: Séminaire du Programme national d'entraîneurs conseils	3 points
English: Coach Refresher French: Mise à jour entraîneur	3 points
English: Instructional Stream Level 1, Goaltending, Developing Defencemen, Skating, Skills, Checking Skills French: Niveaux 1 du profil instruction, Garder les buts, Développer des défenseurs, Patinage, Habiletés, Habiletés pour la mise en échec	5 points
English: Instructional Stream Level 2, Goaltending, Developing Defencemen, Skating, Skills, Checking Skills French: Niveaux 2 du profil instruction, Garder les buts, Développer des défenseurs, Patinage, Habiletés, Habiletés pour la mise en échec	5 points
English: Instructional Stream Level 3 French: Niveau 3 du profil instruction	5 points
English: Instructional Stream Master French: Maître du profil instruction	5 points



# Coaching Resources



[www.hockeycanadanetwork.com](http://www.hockeycanadanetwork.com)

 **BY THE NUMBERS**

 **800** TEAM CANADA GAME CLIPS

 **3,200** ARTICLES

 **300** PRACTICE PLANS

 **1,500** DRILLS

**900**  VIDEOS



**PLAY VIDEO**



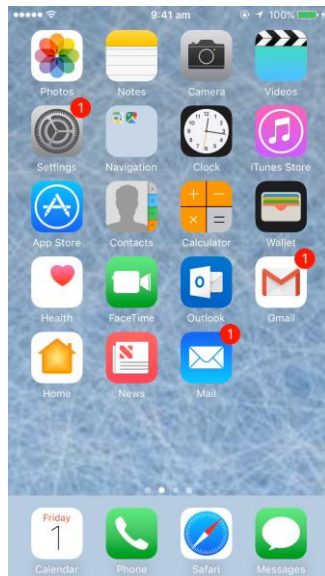
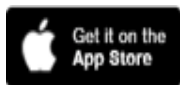


# Coaching Resources

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Free	As low as \$4.00/month*
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