

A person wearing a black and red hockey jersey, black pants, and black and white striped socks is on roller skis on an ice rink. The skis are black with white blades and have two black wheels on each side. The background is a blurred ice rink with spectators.

Before you get anymore bright ideas...

Speak to a coach.
Coaches helping coaches.

NATIONAL COACH MENTORSHIP PROGRAM

Visit HockeyCanada.ca for good ideas and great coaching resources.

HockeyCanada.ca/coaches

