



KNOWING THE RULES

RESPECT

IT ALL LEADS TO INJURY PREVENTION

PLAY SAFE, PLAY SMART

“LEARN MORE ABOUT THE HEAD CONTACT RULE”

We all have a responsibility - lets work together to keep hockey safe!

hockeycanada.ca/headcontactrule

- Resources to understand the head contact rule including great videos
- Coach tools to support pre-season parent and team meetings
- Concussion resources including responsible “return to play guidelines”

READ IT • RESPECT IT • PASS IT ON

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