Session Objective(s)
1. Demonstrate Individual Offensive Tactics
2. Demonstrate Puck Protection Tactics
3. Demonstrate Team Offensive Tactics

**Multiple 1 on 1 Battles**

10 min

- O spots puck anywhere on ice.
- O1 & O2 begin 1-on-1 play, then O2 & O3, etc.
- Up to 5 pairs at a time.
- Play continues until goal a is scored.

**Key Teaching Points**
- Fun & Competition
- Goalie must maintain focus on all possibilities

**Key Execution Points**
- Keep heads up, maintain overall awareness

**Inside-Out / Outside-Outside**

10 min

- O1 accelerates through center circle, picks up puck and drives outside lane for shot on net.
- Inside-out: O1 picks up puck in NZ, turns toward near side, accelerating to outside drive for shot.

**Key Teaching Points**
- Full speed puck carrying on cross-over strides
- Tight turn and acceleration on inside-out

**Key Execution Points**
- As player takes puck in NZ, next player begins
- Exit tight turns with short, quick strides

**Oiler Drive Drill 1-on-0**

10 min

- Pairs of O’s control skate to center line and accelerate to offensive blue line.
- O1 fakes, then drive skates outside pylon for shot.
- O2 drives inside pylon, down mid land for shot.
- Next 2 begin as previous pair reaches the far blue line.

**Key Teaching Points**
- Shoot in stride
- Keep the head up while protecting puck
- Stop in the slot for rebounds

**Key Execution Points**
- No deking - shoot from drive skate
- After shot, O1 stops and faces O2
- O’s should be finishing towards goal
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**Outside Drive Drill 1-on-1**

10 min

- O1 & D1 touch pass to center line.
- O1 drives on goal, D2 angles from inside.
- The next group begins on the whistle.
- Switch sides half way through drill.

**Key Teaching Points**
- O's to accelerate to maintain the advantage
- Puck protection while reading G's

**Key Execution Points**
- Begin on the whistle to ensure timing
- Progression: a) D's shadow only, no contact
  b) add limited contact

**Speed 2-on-1**

10 min

- O1 receives pass from D1.
- O1 touches puck back to D1 & control skates wide.
- D1 passes to O1 or O2 for 2-on-1 play.
- O2 wide attack, drive delay.
- O1 mid-lane drive support.
- Attack G2.

**Key Teaching Points**
- Drive puck to net until forced by D
- Accelerate into OZ

**Key Execution Points**
- Begin on the whistle
- Progression: add a regroup with D1 before the 2-on-1

**1-2-3 Offensive Attack Drill**

10 min

- Combine outside net drive, mid lane drive & I-up support to create offensive attack triangle.
- Progression:
  a) O1 receives pass, drives net 1-on-0.
  b) add O2 supporting with middle lane for 2-on-0.
  c) add O3 on puck-side with I-up support, 3-on-0.

**Key Teaching Points**
- Maintain good net drive habits
- Timing - accelerate to net, stick on the ice
- Timing - support behind puck

**Key Execution Points**
- 1-on-0 & 2-on-0: opposite corners on the whistle
- © feedback to each group in line
- 3-on-0: alternate ends or both ends on whistle