

HOCKEY CANADA CONCUSSION PATHWAY



HOCKEY CANADA

1. PRE-SEASON EDUCATION

- Who: Players, parents/guardians, coaches, officials, trainers, Safety Person, licensed healthcare professionals
- Tool: Pre-Season Concussion Education Sheet

Impact to the head, face, neck or body

Head injury is suspected

2. HEAD INJURY RECOGNITION

- Who: Players, parents/guardians, coaches, officials, trainers, Safety Person, licensed healthcare professionals
- How: Concussion Recognition Tool 6

Is a more serious head or spine injury suspected?

YES

NO

Remove from play

Is a licensed healthcare professional present?

NO

YES

3A. EMERGENCY MEDICAL ASSESSMENT

- Who: Emergency medical personnel

3B. SIDELINE ASSESSMENT

- Who: Licensed healthcare professional
- How: SCAT6, Child SCAT6

4. MEDICAL ASSESSMENT

- Who: Medical doctor, nurse practitioner
- How: Medical Assessment Letter

Is a concussion suspected?

YES

NO

Was a concussion diagnosed?

YES

NO

5. CONCUSSION MANAGEMENT

- Who: Medical doctor, nurse practitioner, team licensed healthcare professional (if available)
- How: Return-to-School Strategy, Hockey-Specific Return-to-Sport Strategy

RETURN TO SPORT

Does the athlete have persisting symptoms?*

YES

NO

6. INTERDISCIPLINARY CONCUSSION CARE

- Who: Interdisciplinary medical team, medical doctor with clinical training and experience in concussion, licensed healthcare professionals

7. RETURN TO SPORT MEDICAL CLEARANCE

- Who: Medical doctor, nurse practitioner
- How: Medical Clearance Letter

*Persisting symptoms: lasting longer than four weeks



H O C K E Y C A N A D A