HOCKEY CANADA Concussion protocol Summary





CONCUSSION PROTOCOL SUMMARY

Note: The purpose of this summary is to provide parents, athletes and others with an overview of **Hockey Canada's Concussion Protocol**. It is intended as a communication tool and does not replace the full protocol document.

HOCKEY CANADA CONCUSSION PROTOCOL SUMMARY

For the full Hockey Canada Concussion Protocol, please visit: [URL]

- All players, parents/guardians, coaches, trainers and officials participating in Hockey Canada sanctioned activities are required to review the Hockey Canada Pre-season Concussion Education Sheet prior to the first practice (game for officials) of the season. In addition to reviewing information on concussion, it is also important that all participants have a clear understanding of Hockey Canada Concussion Protocol.
- 2. In the event that a player is suspected to have sustained a concussion or other head injury the following procedures must be followed:
 - a. If a severe head or neck (spine) injury is suspected, an ambulance should be called immediately to transfer the player to the nearest hospital for medical assessment.
 - b. If a player has signs or symptoms of a concussion, they must be removed from participation (including warm-up, practice and competition) immediately and be medically assessed as soon as possible.
 - c. If the player develops delayed concussion symptoms (e.g., in the evening after competition), they should be medically assessed as soon as possible by a medical doctor or nurse practitioner.
 - d. All players with a suspected concussion must provide a **Medical Assessment Letter** indicating whether or not they have been diagnosed with a concussion. Completed forms should be submitted to their coach or Safety Person.
- 3. If an athlete has been medically assessed and that assessment confirms the athlete does not have a concussion, they can return to full participation.
- **4.** If an athlete is diagnosed with a concussion, they must follow the Hockey-Specific Returnto-Sport Strategy.
- 5. An athlete diagnosed with a concussion must provide a **Medical Clearance Letter** before returning to full practice and competition/gameplay.

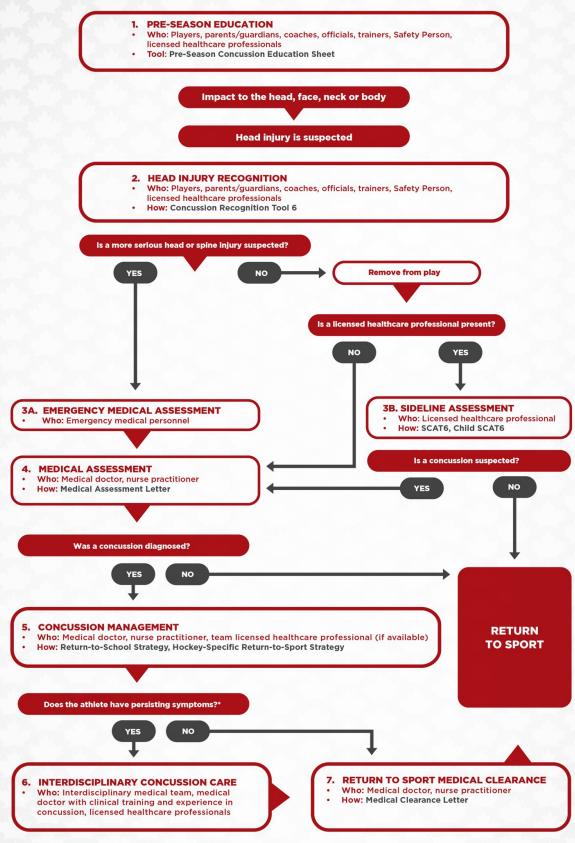
For more information on concussion please visit:

- [Hockey Canada website concussion protocol/resources page]
- Parachute parachute.ca/concussion





HOCKEY CANADA CONCUSSION PATHWAY



*Persisting symptoms: lasting longer than four weeks

HOCKEY CANADA

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