

## The Hockey Song Dance

**Hello out there** - rainbow circle wave with right hand  
**were on the air**- mimic putting left hand up to microphone, right hand up to ear to headset  
**it's hockey night tonight!** – pretend to shoot puck with stick

**The tension grows** – squat with feet side by side  
**the whistle blows** – blow whistle with right hand  
**and the puck goes down the ice** -“2 skating moves”  
(lunge to right and cross left foot behind right leg, shift weight and repeat to other side)

**The goalie jumps** – small jump up in air landing on both feet

**and the players bump** - shoulder bump neighbor  
**and the fans all go insane!** – jump up in air with arms straight up

**Someone roars...** - arms tight to body by shoulders in fists (like waiting anxiously to see if they are going to score a goal)

**"Bobby Scores!"** – right hand in fist “cheer” up into the air

**At the good old hockey game!** – sway back and forth side to side 4 times (right, left, right, left)

**(Chorus)**

**Oh!** – throw hands up in air like the wave

**The good ol' hockey game!** – 2 claps to right side, stamping right foot 2 times then 2 claps to left side, stamping left foot 2 times

**Is the best game you can name!** – repeat

**And the best game you can name** – swing partner in a circle

**Is the good ol' hockey game!** – swing partner in a circle

**Second Period.** – make a peace sign with fingers to show the number 2

**Where players dash, with skates a-flash** - “2 skating moves” (lunge to right and cross left foot behind right leg, shift weight and repeat to the other side)

**the home team trails behind** – “2 skating moves” (lunge to right and cross left foot behind right leg, shift weight and repeat on other side)

**But they grab the puck and go bursting up** - quick “skate” on spot (bends knees and move feet in a marching motion with running motion arms)

**and their down across the line** – “side stop” (bring two feet together in a small hop and face side quickly)

**They storm the crease, like bumblebees, and they travel like a burning flame** – quick “skate” on spot (bends knees and slide feet back and forth with running motion arms)

**We see them slide** – arms tight to body by shoulders in fists (like waiting anxiously to see if they are going to score a goal)

**the puck inside!** – arms up to cheer in air in fists

**It's a one-one** – put fingers up in air to show 1:1

**hockey game!** – sway back and forth 2 times (right, left)

**(Chorus: repeat 1 time)**

**Third Period** – hold up three fingers on one hand

**Last game in the play-offs too!** – wipe sweat off forehead

**Oh take me where** – circle “figure eight” on spot to right

**the hockey players** – circle “figure eight” on spot to left

**face off down the rink** - jump and face neighbor bent over with hands on knees (mimicking a face off)

**And the Stanley Cup** - pretend to hold trophy

**is all filled up** - hold “trophy” up in air

**for the champs who win the drink!** – pretend to drink out

of “trophy”

**Now the final flick of a hockey stick** - mimic taking flick (wrist) shot with stick

**and one gigantic scream** – wave both arms up in air excitedly

**"THE PUCK IS IN!** – arms tight to body by shoulders in fists (like waiting anxiously to see if they are going to score a goal)

**THE HOME TEAM WINS!"** – arms up to cheer in air in fists

**At the good ol' hockey game** – sway back and forth side to side 4 times (right, left, right, left)

**(Chorus: repeat 3 times)**