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| **Subject:** | Physical Education |
| **Title:** | Para Hockey With Scooter Boards |
| **Grade Level:** | 3 |
| **Purpose:** | * Students play Para hockey with scooter boards. They gain an appreciation for the athletic skills and performance of Para hockey athletes. |
| **Curricular**  **Connections:** | * Respond to a variety of stimuli to create locomotor sequences. * Respond to a variety of stimuli to create nonlocomotory sequences. * Demonstrate ways to receive, retain and send an object, using a variety of body parts and implements; perform manipulative skills individually and with others while using a variety of pathways. |
| **Materials:** | * Scooter boards * Mini sticks * Soft, felt pucks or soft balls * Goalie masks * Hockey nets * Pinnies * Construction paper (tournament bracket, markers) to record results. \*If required. |
| **Activity:** | 1. Divide class into 4 teams (number students 1 to 4). 2. Have students line up in their teams at one end of the gym. 3. Provide students with different colored pinnies. 4. Warm up with scooter board relay races - sitting on their bottoms, using feet and hands to propel them forward. One scooter per team. 5. After warming up, have 4 nets set up for scooter board (Para) hockey game. 6. Remind students of the key safety procedures and rules of the game: stay seated on the scooter; do not pick up the puck, etc. 7. Have players play different positions:  Wingers, center, defensemen and goalies.   (They can switch at timed intervals during game play).   1. Time three 5-minute periods; switching ends. |
| **Extension:** | * Play in tournament format, where scores are recorded. Use construction paper to create brackets. * Students create team names. * Students have set positions:  Centers, wingers, defensemen and goalies. |
| **Assessment:** | 1. Students are actively participating during relay and game play. 2. Students are demonstrating cooperative and fair play with teammates and opponents. |