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| **Subject:** | Physical Education |
| **Title:** | Five Touch Hockey |
| **Grade Level:** | 4 |
| **Purpose:** | * Students increase their knowledge and skill of passing and receiving a floor hockey puck and/or ball while playing floor hockey.
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| **Curricular****Connections:** | * Select, perform and refine ways to receive, retain and send an object with control.
* Articulate and demonstrate respectful communication skills appropriate to context.
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| **Materials:** | * Floor hockey sticks, pucks/balls.
* Four hockey nets.
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| **Activity:** | 1. Players are divided into four equal teams (6 per team is optimal).
2. Divide gym into 2 sides so all teams are actively participating.
3. Explain the object of the game is:
* to complete 5 passes (or more) in order to score a goal
* to use proper passing skills and show teamwork
1. Game starts with a faceoff at centre ‘ice.’ Regular rules of hockey apply.
2. As the team controls and passes the puck they count their completed passes out loud.
3. Once the team gets to 5 or more passes they attempt to score a goal. If they turn it over, or fumble the pass, they start a new count.
4. After a goal is scored the other team starts with the puck.
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| **Extension:** | * Use tournament format, where scores are recorded.
* Create brackets on large sheet of construction paper
* Students create team names.
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| **Assessment:** | Students: * actively participate during games demonstrating cooperative and fair play
* follow directions receiving, retaining, and sending the puck
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