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| **Subject:** | Physical Education |
| **Title:** | Passing (saucer pass) Skills |
| **Grade Level:** | 6 |
| **Purpose:** | * Students will increase their knowledge and skill of passing and receiving a floor hockey puck and/or ball. Students will learn how to control and pass a puck/ball while stationary.
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| **Curricular****Connections:** | * Demonstrate ways to receive, retain and send an object with increasing accuracy.
* Identify and demonstrate respectful communication skills appropriate to cooperative participation in physical activity.
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| **Materials:** | * Floor hockey sticks
* Floor hockey pucks/balls
* Equipment to use along centerline of gym.
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| **Activity:** | 1. Warm up with regular activity (running laps, tag games, etc.)
2. Students partner up, standing across the gym from each other. Begin working on different passing techniques – forehand and backhand. Make sure the students are providing a target and not raising their sticks past their knees.
3. On a centerline of the gym, in the middle of the students, place an object on the gym floor. Use extra hockey sticks, thick rope, low benches, etc.
4. The objective is to pass the puck over top of the object, in control, and land just over the object.

\*Distance between the players, and height of the object they’re passing over, will vary depending on the students’ skill level. |
| **Extension:** | * Have students practice the saucer pass on their backhand.
* Students do this in motion, moving toward the middle of the gym.
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| **Assessment:** | 1. Participation during class – actively participating during relay and game play.
2. Demonstrating cooperatively and fairly with partner.
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