



COUPE ESSO CUP

April 22-28, 2018 / 22-28 avril 2018
Bridgewater, N.S./N.-É.



2018 GUIDE AND RECORD BOOK / GUIDE ET LIVRE DES RECORDS 2018



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ALL-TIME CHAMPIONS | CHAMPIONS DE TOUS LES TEMPS

Year	Gold	Silver	Bronze
Année	Or	Argent	Bronze
2017	St. Albert Slash	Harfangs du Triolet	Durham West Lightning
2016	Brantford Ice Cats	Express du Richelieu	Rocky Mountain Raiders
2015	Sudbury Lady Wolves	Red Deer Chiefs	Saskatoon Stars
2014	Weyburn Gold Wings	Edmonton Thunder	Sudbury Lady Wolves
2013	LHFDQ Nord	North Bay Ice Boltz	Edmonton Thunder
2012	Pembina Valley Hawks	Thunder Bay Queens	Edmonton Thunder
2011	Notre Dame Hounds	Edmonton Thunder	Toronto Aeros
2010	Thunder Bay Queens	Notre Dame Hounds	Edmonton Thunder
2009	Westman Wildcats	Scarborough Sharks	Calgary Flyers

ALL-TIME RESULTS BY REGION | RÉSULTATS DE TOUS LES TEMPS PAR RÉGION

Region	GP	W	OTW	OTL	L	GF	GA	Gold	Silver	Bronze
Region	PJ	V	VP	DP	D	BP	BC	Or	Argent	Bronze
Ontario	62	39	1	3	19	222	141	3	3	3
West / Ouest	67	39	3	6	19	210	146	4	1	1
Pacific / Pacifique	65	29	8	5	23	169	132	1	2	4
Host / Hôte	54	19	6	3	26	132	142	0	1	1
Québec	38	14	3	1	20	101	117	1	2	0
Atlantic / Atlantique	46	5	0	3	38	66	220	0	0	0



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2017

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

MORDEN, MANITOBA

PARTICIPANTS

Pacific Region / Région Pacifique – **St. Albert Slash**

West Region / Région Ouest – **Prince Albert Bears**

Ontario Region / Région Ontario – **Durham West Lightning**

Quebec Region / Région Québec – **Harfangs du Triolet**

Atlantic Region / Région Atlantique – **Mid-Isle Wildcats**

Host Team / Équipe Hôte – **Pembina Valley Hawks**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Durham West Lightning	1	Pembina Valley Hawks	4
Harfangs du Triolet	4	Durham West Lightning	1
Mid-Isle Wildcats	0	St. Albert Slash	4
St. Albert Slash	6	Prince Albert Bears	0
Pembina Valley Hawks	2	Durham West Lightning	8
Prince Albert Bears	1	Mid-Isle Wildcats	1
Mid-Isle Wildcats	1	Harfangs du Triolet	1
Harfangs du Triolet	4	Pembina Valley Hawks	0
Prince Albert Bears	1	Durham West Lightning	3
Durham West Lightning	5	St. Albert Slash	7
St. Albert Slash	2	Harfangs du Triolet	2
Pembina Valley Hawks	1	Prince Albert Bears	3
Prince Albert Bears	6	Mid-Isle Wildcats	1
Mid-Isle Wildcats	1	Pembina Valley Hawks	6
Harfangs du Triolet	3		
St. Albert Slash	4		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
St. Albert Slash	5	5	0	0	0	17	4	15
Harfangs du Triolet	5	3	0	0	2	14	9	9
Pembina Valley Hawks	5	3	0	0	2	13	6	9
Durham West Lightning	5	2	0	0	3	18	17	6
Prince Albert Bears	5	2	0	0	3	11	14	6
Mid-Isle Wildcats	5	0	0	0	5	4	30	0



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Durham West Lightning	0
St. Albert Slash	1
Pembina Valley Hawks	1
Harfangs du Triolet	2

BRONZE

Durham West Lightning	4
Pembina Valley Hawks	1

GOLD | OR

Harfangs du Triolet	0
St. Albert Slash	1 (OT/P)

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Halle Oswald (Pembina Valley)**
Top Scorer / Meilleure pointeuse – **Kate Gallant (Durham West)**
Top Forward / Meilleur avant – **Chloé Gendreau (Triolet)**
Top Defenceman / Meilleure défenseuse – **Katelyn Heppner (Pembina Valley)**
Top Goaltender / Meilleur gardienne – **Camryn Drever (St. Albert)**
Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Kate Gallant (Durham West)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2016

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

WEYBURN, SASKATCHEWAN

PARTICIPANTS

Pacific Region / Région Pacifique – **Rocky Mountain Raiders**

West Region / Région Ouest – **Saskatoon Stars**

Ontario Region / Région Ontario – **Brantford Ice Cats**

Quebec Region / Région Québec – **Express du Richelieu**

Atlantic Region / Région Atlantique – **Metro Boston Pizza**

Host Team / Équipe Hôte – **Weyburn Gold Wings**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Express du Richelieu	1	Express du Richelieu	5
Metro Boston Pizza	0	Weyburn Red Wings	3
Brantford Ice Cats	1	Saskatoon Stars	2
Rocky Mountain Raiders	2	Brantford Ice Cats	3
Saskatoon Stars	2	Rocky Mountain Raiders	3
Weyburn Gold Wings	0	Express du Richelieu	2
Metro Boston Pizza	2	Weyburn Red Wings	3
Rocky Mountain Raiders	0	Metro Boston Pizza	2 (OT/P)
Express du Richelieu	2	Express du Richelieu	5
Saskatoon Stars	4	Brantford Ice Cats	4 (SO/TB)
Weyburn Gold Wings	2	Saskatoon Stars	2
Brantford Ice Cats	4	Metro Boston Pizza	1
Rocky Mountain Raiders	3	Weyburn Gold Wings	3
Saskatoon Stars	1	Rocky Mountain Raiders	2 (SO/TB)
Brantford Ice Cats	4		
Metro Boston Pizza	0		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Rocky Mountain Raiders	5	3	0	1	1	10	9	10
Brantford Ice Cats	5	3	0	1	1	16	11	10
Saskatoon Stars	5	3	0	0	2	11	9	9
Express du Richelieu	5	2	1	0	2	15	14	8
Weyburn Gold Wings	5	0	2	0	3	11	15	4
Metro Boston Pizza	5	1	0	1	3	5	10	4



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Saskatoon Stars	0
Brantford Ice Cats	4
Express du Richelieu	4
Rocky Mountain Raiders	3 (SO/TB)

BRONZE

Saskatoon Stars	0
Rocky Mountain Raiders	3

GOLD | OR

Express du Richelieu	3
Brantford Ice Cats	10

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Nicole Kelly (Brantford)**
Top Scorer / Meilleure pointeuse – **Nicole Kelly (Brantford)**
Top Forward / Meilleur avant – **Nicole Kelly (Brantford)**
Top Defenceman / Meilleure défenseuse – **Paige Cohoon (Brantford)**
Top Goaltender / Meilleur gardienne – **Kate Lloyd (Rocky Mountain)**
Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Léonie Philbert (Richelieu)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2015

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

RED DEER, ALBERTA

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**
 West Region (SK) / Région Ouest (SK) – **Saskatoon Stars**
 West Region (MB) / Région Ouest (MB) – **Central Plains Capitals**
 Ontario Region / Région Ontario – **Sudbury Lady Wolves**
 Atlantic Region / Région Atlantique – **Moncton Rockets**
 Host Team / Équipe Hôte – **Red Deer Chiefs**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Sudbury Lady Wolves	3	Sudbury Lady Wolves	7
Saskatoon Stars	2	Red Deer Chiefs	2
Central Plains Capitals	0	Edmonton Thunder	4
Edmonton Thunder	1 (SO/TB)	Moncton Rockets	1
Moncton Rockets	1	Central Plains Capitals	4
Red Deer Chiefs	4	Sudbury Lady Wolves	1
Saskatoon Stars	3	Red Deer Chiefs	2
Central Plains Capitals	2	Saskatoon Stars	3
Sudbury Lady Wolves	9	Edmonton Thunder	1
Moncton Rockets	1	Sudbury Lady Wolves	2
Red Deer Chiefs	2	Moncton Rockets	1
Edmonton Thunder	0	Saskatoon Stars	7
Moncton Rockets	1	Central Plains Capitals	2
Central Plains Capitals	6	Red Deer Chiefs	3 (SO/TB)
Edmonton Thunder	3		
Saskatoon Stars	5		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Sudbury Lady Wolves	5	4	0	0	1	22	10	12
Saskatoon Stars	5	4	0	0	1	20	11	12
Red Deer Chiefs	5	2	1	0	2	13	13	8
Central Plains Capitals	5	2	0	2	1	14	9	8
Edmonton Thunder	5	1	1	0	3	9	10	5
Moncton Rockets	5	0	0	0	5	5	30	0



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Central Plains Capitals	0
Sudbury Lady Wolves	3
Red Deer Chiefs	2
Saskatoon Stars	1 (SO/TB)

BRONZE

Central Plains Capitals	1
Saskatoon Stars	5

GOLD | OR

Red Deer Chiefs	1
Sudbury Lady Wolves	2

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Sophie Shirley (Saskatoon)**

Top Scorer / Meilleure pointeuse – **Sophie Shirley (Saskatoon)**

Top Forward / Meilleur avant – **Karli Shell (Sudbury)**

Top Defenceman / Meilleure défenseuse – **Tamara McVannel (Central Plains)**

Top Goaltender / Meilleur gardienne – **Danika Ranger (Sudbury)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Nara Elia (Saskatoon)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2014

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

STONEY CREEK, ONTARIO

PARTICIPANTS

Pacific Region (AB) / Région Pacifique (AB) – **Edmonton Thunder**

Pacific Region (BC) / Région Pacifique (BC) – **Fraser Valley Phantom**

West Region / Région Ouest – **Weyburn Gold Wings**

Ontario Region / Région Ontario – **Sudbury Lady Wolves**

Atlantic Region / Région Atlantique – **Moncton Rockets**

Host Team / Équipe Hôte – **Stoney Creek Sabres**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Weyburn Gold Wings	2	Sudbury Lady Wolves	1
Sudbury Lady Wolves	1	Stoney Creek Sabres	2
Edmonton Thunder	1	Fraser Valley Phantom	7
Fraser Valley Phantom	0	Moncton Rockets	2
Moncton Rockets	1	Edmonton Thunder	2
Stoney Creek Sabres	8	Sudbury Lady Wolves	3
Weyburn Gold Wings	4	Stoney Creek Sabres	3
Edmonton Thunder	2	Weyburn Gold Wings	2
Sudbury Lady Wolves	5	Sudbury Lady Wolves	6
Moncton Rockets	1	Fraser Valley Phantom	3
Stoney Creek Sabres	3	Moncton Rockets	2
Fraser Valley Phantom	0	Weyburn Gold Wings	3
Moncton Rockets	5	Edmonton Thunder	4
Edmonton Thunder	4	Stoney Creek Sabres	3 (OT/P)
Fraser Valley Phantom	2		
Weyburn Gold Wings	3		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Stoney Creek Sabres	5	4	0	1	0	19	8	13
Weyburn Gold Wings	5	4	0	0	1	14	10	12
Sudbury Lady Wolves	5	3	0	0	2	16	10	9
Edmonton Thunder	5	1	1	0	3	13	15	5
Fraser Valley Phantom	5	1	0	0	4	12	15	3
Moncton Rockets	5	1	0	0	4	11	27	3



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Sudbury Lady Wolves	0
Weyburn Gold Wings	3
Edmonton Thunder	2
Stoney Creek Sabres	1 (SO/TB)

BRONZE

Sudbury Lady Wolves	3
Stoney Creek Sabres	2

GOLD | OR

Edmonton Thunder	1
Weyburn Gold Wings	2

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Alexandra Poznikoff (Edmonton)**
Top Scorer / Meilleure pointeuse – **Karli Shell (Sudbury)**
Top Forward / Meilleur avant – **Karli Shell (Sudbury)**
Top Defenceman / Meilleure défenseure – **Jessica Healey (Edmonton)**
Top Goaltender / Meilleur gardienne – **Jane Kish (Weyburn)**
Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Claire Merrick (Stoney Creek)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2013

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

BURNABY, BRITISH COLUMBIA/COLOMBIE-BRITANNIQUE

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**

West Region / Région Ouest – **Regina Rebels**

Ontario Region / Région Ontario – **North Bay Ice Boltz**

Quebec Region / Région Québec – **LHFDQ Nord**

Atlantic Region / Région Atlantique – **Metro Boston Pizza**

Host Team / Équipe Hôte – **Fraser Valley Phantom**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Metro Boston Pizza	0	Regina Rebels	5
North Bay Ice Boltz	3	Fraser Valley Phantom	1
Regina Rebels	5	LHFDQ Nord	3
LHFDQ Nord	2	North Bay Ice Boltz	1
Fraser Valley Phantom	2	Edmonton Thunder	5
Edmonton Thunder	4	Regina Rebels	4 (OT/P)
North Bay Ice Boltz	2	Metro Boston Pizza	1
Regina Rebels	1 (SO/TB)	Fraser Valley Phantom	3
Edmonton Thunder	4	LHFDQ Nord	2
Metro Boston Pizza	1	Edmonton Thunder	3
Fraser Valley Phantom	1	Regina Rebels	2
LHFDQ Nord	5	Metro Boston Pizza	1
LHFDQ Nord	8	Fraser Valley Phantom	0
Metro Boston Pizza	1	North Bay Ice Boltz	1
North Bay Ice Boltz	4		
Edmonton Thunder	5 (SO/TB)		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Edmonton Thunder	5	3	2	0	0	21	13	13
Regina Rebels	5	3	0	2	0	17	11	11
LHFDQ Nord	5	3	0	0	2	20	11	9
North Bay Ice Boltz	5	2	1	1	1	11	9	9
Fraser Valley Phantom	5	1	0	0	4	7	16	3
Metro Boston Pizza	5	0	0	0	5	4	20	0



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

LHFDQ Nord	6
Regina Rebels	3
North Bay Ice Boltz	5
Edmonton Thunder	1

BRONZE

Regina Rebels	0
Edmonton Thunder	1

GOLD | OR

North Bay Ice Boltz	2
LHFDQ Nord	5

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Mikaeli Cavell (Edmonton)**

Top Scorer / Meilleure pointeuse – **Valérie Audet (LHFDQ Nord)**

Top Forward / Meilleur avant – **Jade Downie-Landry (LHFDQ Nord)**

Top Defenceman / Meilleure défenseuse – **Corie Jacobson (North Bay)**

Top Goaltender / Meilleur gardienne – **Sabrina Picard (North Bay)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Jodi Gentile (Fraser Valley)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2012

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

CHARLOTTETOWN, PRINCE EDWARD ISLAND/ÎLE-DU-PRINCE-ÉDOUARD

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**

West Region / Région Ouest – **Pembina Valley Hawks**

Ontario Region / Région Ontario – **Thunder Bay Queens**

Quebec Region / Région Québec – **Rebelles de Saguenay-Lac-St-Jean**

Atlantic Region / Région Atlantique – **Metro Boston Pizza**

Host Team / Équipe Hôte – **Capital District Cyclones**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Rebelles de Saguenay-Lac-St-Jean	1	Capital District Cyclones	0
Metro Boston Pizza	5	Edmonton Thunder	4
Pembina Valley Hawks	1	Metro Boston Pizza	2
Edmonton Thunder	0 (SO/TB)	Thunder Bay Queens	5
Thunder Bay Queens	12	Edmonton Thunder	1
Capital District Cyclones	1	Rebelles de Saguenay-Lac-St-Jean	2 (SO/TB)
Rebelles de Saguenay-Lac-St-Jean	0	Capital District Cyclones	2
Pembina Valley Hawks	4	Pembina Valley Hawks	4
Edmonton Thunder	1	Metro Boston Pizza	0
Thunder Bay Queens	6	Edmonton Thunder	4
Metro Boston Pizza	5	Pembina Valley Hawks	4
Capital District Cyclones	2	Thunder Bay Queens	5
Thunder Bay Queens	8	Capital District Cyclones	3
Rebelles de Saguenay-Lac-St-Jean	1	Rebelles de Saguenay-Lac-St-Jean	2
Pembina Valley Hawks	2		
Metro Boston Pizza	1		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Thunder Bay Queens	5	5	0	0	0	36	9	15
Pembina Valley Hawks	5	3	1	0	1	14	8	11
Edmonton Thunder	5	2	0	2	1	10	7	8
Metro Boston Pizza	5	2	0	0	3	13	14	6
Capital District Cyclones	5	1	0	0	4	8	27	3
Rebelles de Saguenay-Lac-St-Jean	5	0	1	0	4	5	21	2



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Edmonton Thunder	1
Pembina Valley Hawks	2

Metro Boston Pizza	2
Thunder Bay Queens	4

BRONZE

Metro Boston Pizza	1
Edmonton Thunder	4

GOLD | OR

Pembina Valley Hawks	4
Edmonton Thunder	2

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Michela Cava (Thunder Bay)**

Top Scorer / Meilleure pointeuse – **Michela Cava (Thunder Bay)**

Top Forward / Meilleur avant – **Jessica Gazzola (Thunder Bay)**

Top Defenceman / Meilleure défenseuse – **Madison Hutchinson (Pembina Valley)**

Top Goaltender / Meilleur gardienne – **Brittni Mowat (Pembina Valley)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Breanna Lanceleve (Metro)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2011

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

ST. ALBERT, ALBERTA

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**

West Region / Région Ouest – **Notre Dame Hounds**

Ontario Region / Région Ontario – **Toronto Aeros**

Quebec Region / Région Québec – **Kodiaks du Lac St-Louis**

Atlantic Region / Région Atlantique – **Kings County Kings**

Host Team / Équipe Hôte – **St. Albert Slash**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Kodiaks du Lac St-Louis	5	St. Albert Slash	0
Kings County Kings	0	Edmonton Thunder	1
Notre Dame Hounds	2	Kings County Kings	2
Edmonton Thunder	3 (SO/TB)	Toronto Aeros	9
Toronto Aeros	3	Edmonton Thunder	2
St. Albert Slash	4 (SO/TB)	Kodiaks du Lac St-Louis	1
Kodiaks du Lac St-Louis	0	St. Albert Slash	3
Notre Dame Hounds	6	Notre Dame Hounds	4 (SO/TB)
Edmonton Thunder	4	Edmonton Thunder	10
Toronto Aeros	2	Kings County Kings	1
Kings County Kings	0	Notre Dame Hounds	3
St. Albert Slash	5	Toronto Aeros	1
Toronto Aeros	5	Kodiaks du Lac St-Louis	4
Kodiaks du Lac St-Louis	1	St. Albert Slash	2
Notre Dame Hounds	14		
Kings County Kings	2		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Edmonton Thunder	5	4	1	0	0	19	6	14
Notre Dame Hounds	5	3	1	1	0	28	8	12
Toronto Aeros	5	2	0	1	2	20	13	7
Kodiaks du Lac St-Louis	5	2	0	0	3	11	15	6
St. Albert Slash	5	1	1	1	2	13	11	6
Kings County Kings	5	0	0	0	5	5	43	0



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Toronto Aeros	1
Notre Dame Hounds	5

Kodiaks du Lac St-Louis	1
Edmonton Thunder	4

BRONZE

Kodiaks du Lac St-Louis	0
Toronto Aeros	4

GOLD | OR

Notre Dame Hounds	5
Edmonton Thunder	2

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Morgan Glover (Edmonton)**

Top Scorer / Meilleure pointeuse – **Olivia Howe (Notre Dame)**

Top Forward / Meilleur avant – **Olivia Howe (Notre Dame)**

Top Defenceman / Meilleure défenseuse – **Emma Korbs (Toronto)**

Top Goaltender / Meilleur gardienne – **Morgan Glover (Edmonton)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Matana Skoye (St. Albert)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2010

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NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

REGINA, SASKATCHEWAN

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**

West Region / Région Ouest – **Notre Dame Hounds**

Ontario Region / Région Ontario – **Thunder Bay Queens**

Quebec Region / Région Québec – **Remparts du Richelieu**

Atlantic Region / Région Atlantique – **Moncton Rockets**

Host Team / Équipe Hôte – **Regina Rebels**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Remparts du Richelieu	1	Regina Rebels	2
Moncton Rockets	4	Edmonton Thunder	1 (OT/P)
Notre Dame Hounds	5	Moncton Rockets	2
Edmonton Thunder	2	Thunder Bay Queens	5
Thunder Bay Queens	2	Edmonton Thunder	2
Regina Rebels	1	Remparts du Richelieu	4
Remparts du Richelieu	3	Regina Rebels	2
Notre Dame Hounds	5	Notre Dame Hounds	4
Edmonton Thunder	3	Edmonton Thunder	3
Thunder Bay Queens	2	Moncton Rockets	2 (SO/TB)
Moncton Rockets	2	Notre Dame Hounds	2
Regina Rebels	4	Thunder Bay Queens	5
Thunder Bay Queens	5	Remparts du Richelieu	1
Remparts du Richelieu	1	Regina Rebels	3
Notre Dame Hounds	4		
Moncton Rockets	3 (OT/P)		

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Thunder Bay Queens	5	4	0	0	1	19	9	12
Notre Dame Hounds	5	3	1	0	1	20	15	11
Regina Rebels	5	2	1	0	2	12	10	8
Edmonton Thunder	5	1	1	1	2	11	15	6
Moncton Rockets	5	1	0	2	2	13	17	5
Remparts du Richelieu	5	1	0	0	4	10	19	3



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Edmonton Thunder	1
Thunder Bay Queens	2

Regina Rebels	0
Notre Dame Hounds	5

BRONZE

Edmonton Thunder	5
Regina Rebels	1

GOLD | OR

Notre Dame Hounds	3
Thunder Bay Queens	4

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Kaitlyn Tougas (Thunder Bay)**

Top Scorer / Meilleure pointeuse – **Brienna Gillanders (Notre Dame)**

Top Forward / Meilleur avant – **Janik Robichaud (Moncton)**

Top Defenceman / Meilleure défenseuse – **Riana Magee (Edmonton)**

Top Goaltender / Meilleur gardienne – **Samantha Langford (Regina)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Kaitlyn Quarrell (Thunder Bay)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

2009

ESSO CUP | COUPE ESSO

NATIONAL FEMALE MIDGET CHAMPIONSHIP | CHAMPIONNAT NATIONAL MIDGET FÉMININ

CALGARY, ALBERTA

PARTICIPANTS

Pacific Region / Région Pacifique – **Edmonton Thunder**

West Region / Région Ouest – **Westman Wildcats**

Ontario Region / Région Ontario – **Scarborough Sharks**

Atlantic Region / Région Atlantique – **Northern Stars**

Host Team / Équipe Hôte – **Calgary Flyers**

ROUND ROBIN RESULTS | RÉSULTATS DU TOURNOI À LA RONDE

Westman Wildcats	3	Calgary Flyers	4
Edmonton Thunder	1	Edmonton Thunder	2
Scarborough Sharks	0	Northern Stars	2
Calgary Flyers	6	Scarborough Sharks	4
Edmonton Thunder	5	Calgary Flyers	6
Scarborough Sharks	1	Westman Wildcats	3
Northern Stars	1	Northern Stars	0
Calgary Flyers	6	Edmonton Thunder	5
Westman Wildcats	6	Westman Wildcats	1
Northern Stars	0	Scarborough Sharks	3

FINAL STANDINGS | CLASSEMENT FINAL

	GP PJ	W V	OTW VP	OTL DP	L D	GF BP	GA BC	PTS PTS
Calgary Flyers	4	4	0	0	0	22	6	12
Westman Wildcats	4	2	0	0	2	13	10	6
Edmonton Thunder	4	2	0	0	2	13	8	6
Scarborough Sharks	4	2	0	0	2	8	14	6
Northern Stars	4	0	0	0	4	3	21	0

PLAYOFF RESULTS | RÉSULTATS DES ÉLIMINATOIRES

SEMI | DEMI

Westman Wildcats 3
Edmonton Thunder 2

Calgary Flyers 2
Scarborough Sharks 4



NATIONAL FEMALE MIDGET CHAMPIONSHIP

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BRONZE

Edmonton Thunder	2
Calgary Flyers	3

GOLD | OR

Scarborough Sharks	2
Westman Wildcats	5

INDIVIDUAL AWARDS | PRIX INDIVIDUELS

Most Valuable Player / Joueuse la plus utile – **Brittany Styner (Calgary)**

Top Forward / Meilleur avant – **Brittany Esposito (Edmonton)**

Top Defenceman / Meilleure défenseuse – **Brigette Lacquette (Westman)**

Top Goaltender / Meilleur gardienne – **Emily Blakely (Northern)**

Most Sportsmanlike Player / Joueuse ayant le meilleur esprit sportif – **Erin Lally (Calgary)**



NATIONAL FEMALE MIDGET CHAMPIONSHIP
GUIDE AND RECORD BOOK

ALL-TIME INDIVIDUAL RECORDS | RECORDS INDIVIDUELS DE TOUS LES TEMPS

MOST GOALS, ONE YEAR

PLUS DE BUTS EN UN AN

- 10 - Jessica Gazzola (Thunder Bay, 2012)
- 9 - Olivia Howe (Notre Dame, 2011)
Sophie Shirley (Saskatoon, 2015)
Nicole Kelly (Brantford, 2016)
- 8 - Jennifer More (Notre Dame, 2011)
Michela Cava (Thunder Bay, 2012)
Karli Shell (Sudbury, 2014)

MOST ASSISTS, ONE YEAR

PLUS D'AIDES EN UN AN

- 12 - Taylor Woods (Notre Dame, 2011)
- 10 - Brienna Gillanders (Notre Dame, 2010)
Olivia Howe (Notre Dame, 2011)
Michela Cava (Thunder Bay, 2012)
Valérie Audet (LHFDQ Nord, 2013)

MOST POINTS, ONE YEAR

PLUS DE POINTS EN UN AN

- 19 - Olivia Howe (Notre Dame, 2011)
Taylor Woods (Notre Dame, 2011)
- 18 - Michela Cava (Thunder Bay, 2012)
- 17 - Brienna Gillanders (Notre Dame, 2010)

MOST PENALTY MINUTES, ONE YEAR

PLUS DE MINUTES DE PUNITION EN UN AN

- 27 - Diane Hitchings (Edmonton, 2015)
- 23 - Victoria MacIntosh (Metro, 2013)

MOST POWER PLAY GOALS, ONE YEAR

PLUS DE BUTS EN AVANTAGE NUMÉRIQUE EN UN AN

- 5 - Jennifer More (Notre Dame, 2011)

MOST SHORTHANDED GOALS, ONE YEAR

PLUS DE BUTS EN DÉSAVANTAGE NUMÉRIQUE EN UN AN

- 3 - Chloé Gendreau (Triolet, 2017)
- 2 - Brittany Esposito (Edmonton, 2009)
Makenzie McCallum (Pembina Valley, 2017)

MOST GAME-WINNING GOALS, ONE YEAR

PLUS DE BUTS GAGNANTS EN UN AN

- 4 - Melisa Kingsley (Sudbury, 2015)
- 3 - Jillian Langtry (Thunder Bay, 2012)
Bailee Bourassa (Weyburn, 2014)
Chloé Gendreau (Triolet, 2017)
- 2 - accomplished 17 times – last: Kaylee Vader (St. Albert, 2017)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

MOST GOALS, ONE GAME

PLUS DE BUTS EN UN MATCH

- 4 - Taylor Woods (Notre Dame vs. Kings County – 04/19/2011)
Kate Gallant (Durham West vs. Mid-Isle – 04/26/2017)
- 3 - Brittany Esposito (Edmonton vs. Northern – 04/23/2009)
Kaitlyn Quarrell (Thunder Bay vs. Notre Dame – 04/22/2010)
Jennifer More (Notre Dame vs. Kings County – 04/19/2011)
Jessica Sekulic (Edmonton vs. Kings County – 04/21/2011)
Heather Kashman (Edmonton vs. Kings County – 04/21/2011)
Samantha Strassburger (Thunder Bay vs. Capital District – 04/22/2012)
Jessica Gazzola (Thunder Bay vs. Edmonton – 04/23/2012)
Audrey Belzile (LHFDQ Nord vs. Metro – 04/23/2013)
Jade Downie-Landry (LHFDQ Nord vs. North Bay – 04/24/2013)
Faith Steeves (Moncton vs. Edmonton – 04/22/2014)
Chelsea Wilson (Fraser Valley vs. Sudbury – 04/24/2014)
Melisa Kingsley (Sudbury vs. Red Deer – 04/21/2015)
Nicole Kelly (Brantford vs. Weyburn – 04/18/2016)
Chloé Gendreau (Triolet vs. Mid-Isle – 04/24/2017)
Makenzie McCallum (Pembina Valley vs. Mid-Isle – 04/27/2017)

MOST ASSISTS, ONE GAME

PLUS D'AIDES EN UN MATCH

- 5 - Olivia Howe (Notre Dame vs. Kings County – 04/19/2011)
- 4 - Alison Campbell (Edmonton vs. Kings County – 04/21/2011)
Taylor Trussler (Brantford vs. Richelieu – 04/23/2016)

MOST POINTS, ONE GAME

PLUS DE POINTS EN UN MATCH

- 7 - Taylor Woods (4-3) (Notre Dame vs. Kings County – 04/19/2011)
Olivia Howe (2-5) (Notre Dame vs. Kings County – 04/19/2011)
- 6 - Alison Campbell (2-4) (Edmonton vs. Kings County – 04/21/2011)

MOST PENALTY MINUTES, ONE GAME

PLUS DE MINUTES DE PUNITION EN UN MATCH

- 19 - Victoria MacIntosh (Metro vs. LHFDQ Nord – 04/23/2013)

MOST POWER PLAY GOALS, ONE GAME

PLUS DE BUTS EN AVANTAGE NUMÉRIQUE EN UN MATCH

- 3 - Jade Downie-Landry (LHFDQ Nord vs. North Bay – 04/24/2013)
- 2 - Kaitlyn Quarrell (Thunder Bay vs. Notre Dame – 04/22/2010)
Kirsten Reeves (Edmonton vs. Regina – 04/24/2010)
Jennifer More (Notre Dame vs. Edmonton – 04/23/2011)
Audrey Belzile (LHFDQ Nord vs. Metro – 04/23/2013)
Melissa Kingsley (Sudbury vs. Red Deer – 04/21/2015)
Anna Leschyshyn (Saskatoon vs. Richelieu – 04/18/2016)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

MOST GOALS, ONE PERIOD

PLUS DE BUTS EN UNE PÉRIODE

- 3 - Jessica Gazzola (Thunder Bay vs. Edmonton – 04/23/2012 – 3rd)
- Jade Downie-Landry (LHFDQ Nord vs. North Bay – 04/24/2013 – 3rd)
- Melisa Kingsley (Sudbury vs. Red Deer – 04/21/2015 – 2nd)
- Kate Gallant (Durham West vs. Mid-Isle – 04/26/2017 – 2nd)
- Makenzie McCallum (Pembina Valley vs. Mid-Isle – 04/27/2017 – 1st)

MOST ASSISTS, ONE PERIOD

PLUS D'AIDES EN UNE PÉRIODE

- 3 - Olivia Howe (Notre Dame vs. Kings County – 04/19/2011 – 3rd)
- Jessica Sekulic (Edmonton vs. Metro – 04/26/2012 – 1st)
- Valerie Audet (LHFDQ Nord vs. North Bay – 04/24/2013 – 3rd)
- Paige Rynne (Brantford vs. Saskatoon – 04/22/2016 – 2nd)

MOST POINTS, ONE PERIOD

PLUS DE POINTS EN UNE PÉRIODE

- 4 - Brienna Gillanders (2-2) (Notre Dame vs. Regina – 04/23/2010 – 1st)
- Taylor Woods (2-2) (Notre Dame vs. Regina – 04/23/2010 – 1st)
- Olivia Howe (1-3) (Notre Dame vs. Kings County – 04/19/2011 – 3rd)
- Taylor Woods (2-2) (Notre Dame vs. Kings County – 04/19/2011 – 3rd)
- Michela Cava (2-2) (Thunder Bay vs. Saguenay-Lac-St-Jean – 04/24/2012 – 2nd)
- 3 - Brittany Styner (2-1) (Calgary vs. Edmonton – 04/21/2009 – 1st)
- Brittany Styner (2-1) (Calgary vs. Westman – 04/22/2009 – 2nd)
- Brittany Esposito (2-1) (Edmonton vs. Northern – 04/23/2009 – 2nd)
- Jennifer More (2-1) (Notre Dame vs. Kings County – 04/19/2011 – 3rd)
- Melissa Kueber (2-1) (St. Albert vs. Notre Dame – 04/20/2011 – 3rd)
- Alison Campbell (2-1) (Edmonton vs. Kings County – 04/21/2011 – 2nd)
- Taylor Woods (1-2) (Notre Dame vs. Toronto – 04/22/2011 – 1st)
- Samantha Strassburger (2-1) (Thunder Bay vs. Capital District – 04/22/2012 – 2nd)
- Jessica Gazzola (3-0) (Thunder Bay vs. Edmonton – 04/23/2012 – 3rd)
- Mikaeli Cavell (2-1) (Edmonton vs. Metro – 04/26/2012 – 1st)
- Jessica Sekulic (0-3) (Edmonton vs. Metro – 04/26/2012 – 1st)
- Brett Campbell (2-1) (Edmonton vs. Metro – 04/28/2012 – 3rd)
- Cassidy Carels (2-1) (Pembina Valley vs. Thunder Bay – 04/28/2012 – 2nd)
- Jade Downie-Landry (3-0) (LHFDQ Nord vs. North Bay – 04/24/2013 – 3rd)
- Valerie Audet (0-3) (LHFDQ Nord vs. North Bay – 04/24/2013 – 3rd)
- Ashley Richard (2-1) (Red Deer vs. Moncton – 04/19/2015 – 2nd)
- Melisa Kingsley (3-0) (Sudbury vs. Red Deer – 04/21/2015 – 2nd)
- Sophie Shirley (2-1) (Saskatoon vs. Edmonton – 04/21/2015 – 1st)
- Nicole Kelly (2-1) (Brantford vs. Metro – 04/19/2016 – 3rd)
- Paige Rynne (0-3) (Brantford vs. Saskatoon – 04/22/2016 – 2nd)
- Kayla Bailey (1-2) (Brantford vs. Richelieu – 04/23/2016 – 2nd)
- Taylor Trussler (1-2) (Brantford vs. Richelieu – 04/23/2016 – 3rd)
- Kate Gallant (3-0) (Durham West vs. Mid-Isle – 04/26/2017 – 2nd)
- Madison Willan (2-1) (St. Albert vs. Durham West – 04/27/2017 – 3rd)
- Makenzie McCallum (3-0) (Pembina Valley vs. Mid-Isle – 04/27/2017 – 1st)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ALL-TIME GOAL SCORING RECORDS | RECORDS POUR LE NOMBRE DE BUTS MARQUÉS

MOST GOALS BY ONE TEAM, ONE GAME

PLUS GRAND NOMBRE DE BUTS D'UNE ÉQUIPE EN UN MATCH

- 14 - Notre Dame vs. Kings County (04/19/2011)
- 12 - Thunder Bay vs. Capital District (04/22/2012)
- 10 - Edmonton vs. Kings County (04/21/2011)
Brantford vs. Richelieu (04/23/2016)

MOST GOALS BY BOTH TEAMS, ONE GAME

PLUS GRAND NOMBRE DE BUTS DES DEUX ÉQUIPES EN UN MATCH

- 16 - Notre Dame (14) vs. Kings County (2) (04/19/2011)
- 13 - Thunder Bay (12) vs. Capital District (1) (04/22/2012)
Brantford (10) vs. Richelieu (3) (04/23/2016)
- 11 - Edmonton (10) vs. Kings County (1) (04/21/2011)
Toronto (9) vs. Kings County (2) (04/20/2011)

MOST GOALS BY ONE TEAM, ONE PERIOD

PLUS GRAND NOMBRE DE BUTS D'UNE ÉQUIPE EN UNE PÉRIODE

- 7 - Notre Dame vs. Kings County (04/19/2011 – 3rd)
- 5 - Notre Dame vs. Kings County (04/19/2011 – 1st)
Edmonton vs. Kings County (04/21/2011 – 2nd)
Thunder Bay vs. Capital District (04/22/2012 – 2nd)
Thunder Bay vs. Saguenay-Lac-St-Jean (04/24/2012 – 2nd)
LHFDQ Nord vs. Metro (04/23/2013 – 3rd)
LHFDQ Nord vs. North Bay (04/27/2013 – 3rd)
Sudbury vs. Moncton (04/20/2015 – 3rd)
Brantford vs. Richelieu (04/23/2016 – 2nd)
Durham West vs. Mid-Isle (04/26/2017 – 2nd)
St. Albert vs. Durham West (04/27/2017 – 3rd)
Pembina Valley vs. Mid-Isle (04/27/2017 – 1st)

MOST GOALS BY BOTH TEAMS, ONE PERIOD

PLUS GRAND NOMBRE DE BUTS DES DEUX ÉQUIPES EN UNE PÉRIODE

- 8 - Notre Dame (7) vs. Kings County (1) (04/19/2011 – 3rd)
- 7 - St. Albert (5) vs. Durham West (2) (04/27/2017 – 3rd)
- 6 - Thunder Bay (5) vs. Saguenay-Lac-St-Jean (1) (04/24/2012 – 2nd)
Thunder Bay (5) vs. Capital District (1) (04/22/2012 – 2nd)
Thunder Bay (4) vs. Metro (2) (04/27/2012 – 2nd)
LHFDQ Nord (5) vs. North Bay (1) (04/27/2013 – 3rd)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

MOST POWER PLAY GOALS BY ONE TEAM, ONE GAME

PLUS GRAND NOMBRE DE BUTS EN AVANTAGE NUMÉRIQUE D'UNE ÉQUIPE EN UN MATCH

- 4 - Thunder Bay vs. Metro (04/25/2012)
Edmonton vs. Regina (04/24/2013)
- 3 - Calgary vs. Scarborough (04/19/2009)
Westman vs. Northern (04/21/2009)
Regina vs. Moncton (04/19/2010)
Thunder Bay vs. Notre Dame (04/22/2010)
Thunder Bay vs. Notre Dame (04/24/2010)
Notre Dame vs. Lac St-Louis (04/18/2011)
Notre Dame vs. Kings County (04/19/2011)
Regina vs. Edmonton (04/24/2013)
LHFDQ Nord vs. North Bay (04/24/2013)
LHFDQ Nord vs. Metro (04/23/2013)
Regina vs. LHFDQ Nord (04/21/2013)
Central Plains vs. Moncton (04/21/2015)
Sudbury vs. Red Deer (04/21/2015)
Brantford vs. Saskatoon (04/22/2016)

MOST POWER PLAY GOALS BY BOTH TEAMS, ONE GAME

PLUS GRAND NOMBRE DE BUTS EN AVANTAGE NUMÉRIQUE DES DEUX ÉQUIPES EN UN MATCH

- 7 - Edmonton (4) vs. Regina (3) (04/24/2013)
- 5 - Regina (3) vs. Moncton (2) (04/19/2010)
Thunder Bay (3) vs. Notre Dame (2) (04/24/2010)

MOST POWER PLAY GOALS BY ONE TEAM, ONE PERIOD

PLUS GRAND NOMBRE DE BUTS EN AVANTAGE NUMÉRIQUE D'UNE ÉQUIPE EN UNE PÉRIODE

- 3 - Regina vs. Moncton (04/19/2010 – 1st)
Notre Dame vs. Kings County (04/19/2011 – 1st)
LHFDQ Nord vs. North Bay (04/24/2013 – 3rd)
Regina vs. Edmonton (04/24/2013 – 2nd)

MOST POWER PLAY GOALS BY BOTH TEAMS, ONE PERIOD

PLUS GRAND NOMBRE DE BUTS EN AVANTAGE NUMÉRIQUE DES DEUX ÉQUIPES EN UNE PÉRIODE

- 4 - Thunder Bay (2) vs. Notre Dame (2) (04/24/2010 – 2nd)
Edmonton (1) vs. Regina (3) (04/24/2013 – 2nd)
- 3 - Calgary (2) vs. Westman (1) (04/22/2009 – 1st)
Regina (3) vs. Moncton (0) (04/19/2010 – 1st)
St. Albert (2) vs. Toronto (1) (04/17/2011 – 2nd)
Notre Dame (3) vs. Kings County (0) (04/19/2011 – 1st)
LHFDQ Nord (3) vs. North Bay (0) (04/24/2013 – 3rd)
Edmonton (0) vs. Regina (3) (04/24/2013 – 2nd)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ALL-TIME GOALTENDING RECORDS | RECORDS DE TOUS LES TEMPS DES GARDIENS DE BUT

LOWEST GOALS AGAINST AVERAGE, ONE YEAR (MINIMUM 120 MINUTES PLAYED)

MEILLEUR MOYENNE DE BUTS CONTRE EN UN AN (AU MOINS 120 MINUTES DE JOUÉES)

- 0.19 - Camryn Drever (St. Albert, 2017)
- 0.71 - Michelle Thibault (Triolet, 2017)
- 1.20 - Danika Ranger (Sudbury, 2015)

MOST WINS, ONE YEAR

PLUS DE VICTOIRES EN UN AN

- 6 - Jane Kish (Weyburn, 2014)
- 5 - Bailey Toupin (Calgary, 2009)
- Amanda Makela (Thunder Bay, 2010)
- Tamber Tisdale (Notre Dame, 2010)
- Morgan Glover (Edmonton, 2011)
- Samantha Langford (Notre Dame, 2011)
- Megan Leikkari (Thunder Bay, 2012)
- Brittni Mowat (Pembina Valley, 2012)
- Chloe Sanderson (Edmonton, 2013)
- Danika Ranger (Sudbury, 2015)
- Emma Verbruggen (Brantford, 2016)
- Camryn Drever (St. Albert, 2017)

MOST SAVES, ONE GAME

PLUS D'ARRÊTS EN UN MATCH

- 57 - Maggie Johnston (Mid-Isle vs. Prince Albert – 04/25/2017)
- 56 - Emma Meanor (Kings County vs. St. Albert – 04/18/2011)
- 49 - Brianne Waterman (Moncton vs. Edmonton – 04/22/2015)
- Halle Oswald (Pembina Valley vs. St. Albert – 04/24/2017)

LONGEST SHUTOUT STREAK, ONE YEAR

PLUS LONGUE PÉRIODE DE TEMPS SANS ACCORDER UN BUT

- 247:47 - Camryn Drever (St. Albert, 2017)
- 157:08 - Brittni Mowat (Pembina Valley, 2012)

ALL-TIME SPEED RECORDS | RECORDS DE VITESSE DE TOUS LES TEMPS

FASTEST GOAL FROM START OF A GAME

BUT LE PLUS RAPIDE EN DÉBUT DU MATCH

- 0:14 - Amy Boucher (Edmonton vs. Metro – 04/22/2013)
- 0:18 - Julie Gough (Durham West vs. Prince Albert – 04/24/2017)

FASTEST GOAL FROM START OF A PERIOD

BUT LE PLUS RAPIDE EN DÉBUT DE PÉRIODE

- 0:08 - Amanda Volcko (Metro vs. Edmonton – 04/28/2012 – 2nd)
- 0:11 - Brianna Keats (Fraser Valley vs. Metro – 04/24/2013 – 2nd)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

FASTEST TWO GOALS, ONE TEAM

DEUX BUTS LES PLUS RAPIDES PAR UNE ÉQUIPE

- 0:12 - Kirsten Martin (14:57) & Brianna Keats (15:09) (Fraser Valley vs. Moncton – 04/23/2014)
0:14 - Kate Gallant (1:10) & Mackenzie MacDonald (1:24) (Durham West vs. Mid-Isle – 04/26/2017)

FASTEST TWO GOALS, ONE PLAYER

DEUX BUTS LES PLUS RAPIDES PAR UNE JOUEUSE

- 0:18 - Jessica Gazzola (11:46, 12:04) (Thunder Bay vs. Edmonton – 04/23/2012)
0:27 - Samantha Strassburger (5:53, 6:20) (Thunder Bay vs. Capital District – 04/22/2012)

FASTEST THREE GOALS, ONE TEAM

TROIS BUTS LES PLUS RAPIDES PAR UNE ÉQUIPE

- 1:01 - J. Gazzola (12:09), M. Cava (12:27) & S. Strassburger (13:10) (Thunder Bay vs. Saguenay-Lac-St-Jean – 04/24/2012)
1:24 - K. Shell (6:58), V. Pitawanakwat (7:22) & K. Lanktree (8:22) (Sudbury vs. Fraser Valley – 04/24/2014)

FASTEST THREE GOALS, ONE PLAYER

TROIS BUTS LES PLUS RAPIDES PAR UNE JOUEUSE

- 6:06 - Melisa Kingsley (9:12, 13:11, 15:18) (Sudbury vs. Red Deer – 04/21/2015)
9:08 - Jessica Gazzola (2:56, 11:46, 12:04) (Thunder Bay vs. Edmonton – 04/23/2012)

FASTEST TWO POWER PLAY GOALS, ONE TEAM

DEUX BUTS LES PLUS RAPIDES EN AVANTAGE NUMÉRIQUES PAR UNE ÉQUIPE

- 1:09 - Audrey Belzile (10:57) & Valérie Audet (12:06) (LHFDQ Nord vs. Metro – 04/23/2013)
1:17 - Ferran Brown (8:18) & Sadie Lenstra (9:35) (Calgary vs. Scarborough – 04/19/2009)

FASTEST POWER PLAY GOAL FROM START OF ADVANTAGE

BUT LE PLUS RAPIDE EN AVANTAGE NUMÉRIQUE DU DÉBUT DE L'AVANTAGE NUMÉRIQUE

- 0:06 - Brianna Gillanders (Notre Dame vs. Edmonton – 04/18/2010)
Brooke Wilgosh (Notre Dame vs. Toronto – 04/21/2011)
0:08 - Cassidy Carels (Pembina Valley vs. Thunder Bay – 04/28/2012)

FASTEST SHORTHANDED GOAL FROM START OF DISADVANTAGE

BUT LE PLUS RAPIDE EN DÉSAVANTAGE NUMÉRIQUE DU DÉBUT DU DÉSAVANTAGE NUMÉRIQUE

- 0:10 - Meagan Vestby (Notre Dame vs. Richelieu – 04/19/2010)
0:11 - Makenzie McCallum (Pembina Valley vs. Mid-Isle – 04/27/2017)

ALL-TIME SHOTS ON GOAL RECORDS | RECORDS DE TOUS LES TEMPS POUR LE NOMBRE DE TIRS AU BUT

MOST SHOTS ON GOAL BY ONE TEAM, ONE GAME

PLUS DE TIRS DES UNE ÉQUIPE EN UN MATCH

- 63 - Prince Albert vs. Mid-Isle (04/25/2017)
61 - St. Albert vs. Kings County (04/18/2011)
60 - Sudbury vs. Moncton (04/20/2015)

MOST SHOTS ON GOAL BY ONE TEAM, ONE PERIOD

PLUS DE TIRS DES UNE ÉQUIPE EN UNE PÉRIODE

- 31 - Durham West vs. Mid-Isle (04/26/2017 – 2nd)
27 - St. Albert vs. Kings County (04/18/2011 – 3rd)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

MOST SHOTS ON GOAL BY BOTH TEAMS, ONE GAME

PLUS DE TIRS DES DEUX ÉQUIPES EN UN MATCH

- 88 - St. Albert (61) vs. Kings County (27) (04/18/2011)
- 87 - Triolet (44) vs. Durham West (43) (04/23/2017)

MOST SHOTS ON GOAL BY BOTH TEAMS, ONE PERIOD

PLUS DE TIRS DES DEUX ÉQUIPES EN UNE PÉRIODE

- 37 - St. Albert (27) vs. Kings County (10) (04/18/2011 – 3rd)
- 34 - Durham West (31) vs. Mid-Isle (3) (04/26/2017 – 2nd)

FEWEST SHOTS ON GOAL BY ONE TEAM, ONE GAME

MOINS DE TIRS D'UNE ÉQUIPE EN UN MATCH

- 11 - Kings County vs. Edmonton (04/21/2011)
- 12 - Capital District vs. Thunder Bay (04/22/2012)
- Capital District vs. Edmonton (04/24/2012)
- Moncton vs. Saskatoon (04/23/2015)
- Metro vs. Rocky Mountain (04/18/2016)
- Metro vs. Saskatoon (04/21/2016)

FEWEST SHOTS ON GOAL BY ONE TEAM, ONE PERIOD

MOINS DE TIRS D'UNE ÉQUIPE EN UNE PÉRIODE

- 1 - Kings County vs. Notre Dame (04/19/2011 – 1st)
- Capital District vs. Thunder Bay (04/22/2012 – 1st)
- Saguenay-Lac-St-Jean vs. Thunder Bay (04/24/2012 – 1st)
- Moncton vs. Stoney Creek (04/20/2014 – 1st)
- Moncton vs. Sudbury (04/21/2014 – 2nd)
- Red Deer vs. Edmonton (04/20/2015 – 3rd)
- 2 - Regina vs. Edmonton (04/20/2010 – 1st)
- Edmonton vs. Notre Dame (04/17/2011 – 1st)
- St. Albert vs. Notre Dame (04/20/2011 – 1st)
- Lac St-Louis vs. Edmonton (04/22/2011 – 1st)
- Saguenay-Lac-St-Jean vs. Pembina Valley (04/23/2012 – 2nd)
- North Bay vs. LHFDQ Nord (04/24/2013 – 1st)
- Red Deer vs. Sudbury (04/21/2015 – 1st)
- Metro vs. Brantford (04/19/2016 – 1st)
- Mid-Isle vs. Prince Albert (04/25/2017 – 1st)
- Durham West vs. Pembina Valley – 04/25/2017 – 3rd)

FEWEST SHOTS ON GOAL BY BOTH TEAMS, ONE GAME

MOINS DE TIRS DES DEUX ÉQUIPES EN UN MATCH

- 36 - Red Deer (16) vs. Central Plains (20) (04/23/2015)
- 38 - Calgary (22) vs. Edmonton (16) (04/21/2009)

FEWEST SHOTS ON GOAL BY BOTH TEAMS, ONE PERIOD

MOINS DE TIRS DES DEUX ÉQUIPES EN UNE PÉRIODE

- 6 - Lac St-Louis (3) vs. St. Albert (3) (04/21/2011 – 1st)
- 8 - Notre Dame (4) vs. Edmonton (4) (04/18/2010 – 3rd)
- Red Deer (5) vs. Central Plains (3) (04/23/2015 – 1st)
- Metro (4) vs. Rocky Mountain (4) (04/18/2016 – 2nd)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ALL-TIME PENALTY RECORDS | RECORDS DE TOUS LES TEMPS POUR LES PUNITIONS

MOST PENALTY MINUTES BY ONE TEAM, ONE GAME

PLUS DE MINUTES DE PUNITION D'UNE ÉQUIPE EN UN MATCH

- 43 - North Bay vs. LHFDQ Nord (04/24/2013)
- 33 - Edmonton vs. Central Plains (04/19/2015)
- 31 - Metro vs. LHFDQ Nord (04/23/2013)

MOST PENALTY MINUTES BY BOTH TEAMS, ONE GAME

PLUS DE MINUTES DE PUNITION DES DEUX ÉQUIPES EN UN MATCH

- 51 - LHFDQ Nord (8) vs. North Bay (43) (04/24/2013)
- 49 - LHFDQ Nord (27) vs. Fraser Valley (22) (04/22/2013)
Edmonton (33) vs. Central Plains (16) (04/19/2015)
- 46 - Scarborough (18) vs. Westman (28) (04/23/2009)

MOST PENALTY MINUTES BY ONE TEAM, ONE PERIOD

PLUS DE MINUTES DE PUNITION D'UNE ÉQUIPE EN UNE PÉRIODE

- 23 - North Bay vs. LHFDQ Nord (04/24/2013 – 3rd)
- 21 - LHFDQ Nord vs. Fraser Valley (04/22/2013 – 3rd)
- 19 - St. Albert vs. Toronto (04/17/2011 – 2nd)
Metro vs. LHFDQ Nord (04/23/2013 – 3rd)

MOST PENALTY MINUTES BY BOTH TEAMS, ONE PERIOD

PLUS DE MINUTES DE PUNITION DES DEUX ÉQUIPES EN UNE PÉRIODE

- 33 - LHFDQ Nord (21) vs. Fraser Valley (12) (04/22/2013 – 3rd)
- 27 - LHFDQ Nord (4) vs. North Bay (23) (04/24/2013 – 3rd)
- 25 - St. Albert (19) vs. Toronto (6) (04/17/2011 – 2nd)

FEWEST PENALTY MINUTES BY ONE TEAM, ONE GAME

MOINS DE MINUTES DE PUNITION D'UNE ÉQUIPE EN UN MATCH

- 0 - Metro vs. North Bay (04/21/2013)
Regina vs. Fraser Valley (04/23/2013)
Stoney Creek vs. Sudbury (04/26/2014)
Rocky Mountain vs. Weyburn (04/21/2016)
Mid-Isle vs. Pembina Valley (04/27/2017)
Pembina Valley vs. Triolet (04/28/2017)
- 2 - Metro vs. Regina (04/25/2013)
North Bay vs. Edmonton (04/26/2013)
Regina vs. Edmonton (04/27/2013)
LHFDQ Nord vs. North Bay (04/27/2013)
Stoney Creek vs. Weyburn (04/23/2014)
Red Deer vs. Sudbury (04/25/2015)
Weyburn vs. Rocky Mountain (04/21/2016)
Mid-Isle vs. Durham West (04/26/2017)
Durham West vs. Pembina Valley (04/29/2017)
Triolet vs. St. Albert (04/29/2017)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

FEWEST PENALTY MINUTES BY BOTH TEAMS, ONE GAME

MOINS DE MINUTES DE PUNITION DES DEUX ÉQUIPES EN UN MATCH

- 4 - Pembina Valley (4) vs. Mid-Isle (0) (04/27/2017)
- 6 - Regina (6) vs. Metro (2) (04/25/2013)
- North Bay (2) vs. Edmonton (4) (04/26/2013)
- Edmonton (4) vs. Regina (2) (04/27/2013)
- Sudbury (6) vs. Stoney Creek (0) (04/26/2014)
- Sudbury (4) vs. Red Deer (2) (04/25/2015)
- Triolet (6) vs. Pembina Valley (0) (04/28/2017)

OVERTIME AT THE ESSO CUP | PROLONGATION À LA COUPE ESSO

Notre Dame 4 vs. Moncton 3	RR	04/20/2010	Meagan Vestby (1:04)
Regina 2 vs. Edmonton 1	RR	04/20/2010	Brooklyn Moskowsky (1:20)
Edmonton 3 vs. Moncton 2	RR	04/22/2010	Shootout/Tirs de barrage
Edmonton 3 vs. Notre Dame 2	RR	04/17/2011	Shootout/Tirs de barrage
St. Albert 4 vs. Toronto 3	RR	04/17/2011	Shootout/Tirs de barrage
Notre Dame 4 vs. St. Albert 3	RR	04/20/2011	Shootout/Tirs de barrage
Pembina Valley 1 vs. Edmonton 0	RR	04/22/2012	Shootout/Tirs de barrage
Saguenay-Lac-St-Jean 2 vs. Edmonton 1	RR	04/25/2012	Shootout/Tirs de barrage
North Bay 2 vs. Regina 1	RR	04/22/2013	Shootout/Tirs de barrage
Edmonton 5 vs. North Bay 4	RR	04/23/2013	Shootout/Tirs de barrage
Edmonton 5 vs. Regina 4	RR	04/24/2013	Amy Boucher (3:05)
Edmonton 4 vs. Stoney Creek 3	RR	04/24/2014	Alexandra Poznikoff (4:21)
Edmonton 2 vs. Stoney Creek 1	SF	04/25/2014	Shootout/Tirs de barrage
Edmonton 1 vs. Central Plains 0	RR	04/19/2015	Shootout/Tirs de barrage
Red Deer 3 vs. Central Plains 2	RR	04/23/2015	Shootout/Tirs de barrage
Red Deer 2 vs. Saskatoon 1	SF	04/24/2015	Shootout/Tirs de barrage
Weyburn 3 vs. Metro 2	RR	04/20/2016	Sarah Hornoi (3:36)
Richelieu 5 vs. Brantford 4	RR	04/21/2016	Shootout/Tirs de barrage
Weyburn 3 vs. Rocky Mountain 2	RR	04/21/2016	Shootout/Tirs de barrage
Richelieu 3 vs. Rocky Mountain 3	SF	04/22/2016	Shootout/Tirs de barrage
St. Albert 1 vs. Triolet 0	GMG	04/29/2017	Tyra Meropoulis (14:41)



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ALL-TIME STANDINGS | CLASSEMENT DE TOUS LES TEMPS

	App.	GP	W	OTW	OTL	L	GF	GA	Win %
	Asp.	PJ	V	VP	DP	D	BP	BP	% V
Edmonton Thunder	7	46	18	7	3	18	122	100	.544
Thunder Bay Queens	2	14	12	0	0	2	67	28	.857
Notre Dame Hounds	2	14	9	2	1	2	66	40	.786
Sudbury Lady Wolves	2	14	10	0	0	4	46	26	.714
St. Albert Slash	2	12	7	2	1	2	32	15	.667
Pembina Valley Hawks	2	14	8	1	0	5	35	23	.643
Weyburn Gold Wings	2	12	6	2	0	4	31	27	.667
Saskatoon Stars	2	14	8	0	1	5	37	30	.571
Regina Rebels	2	14	5	1	2	6	33	38	.429
Calgary Flyers	1	6	5	0	0	1	27	12	.833
Brantford Ice Cats	1	7	5	0	1	1	30	14	.714
LHFDQ Nord	1	7	5	0	0	2	31	16	.714
Westman Wildcats	1	6	4	0	0	2	21	14	.667
Stoney Creek Sabres	1	7	4	0	2	1	22	13	.571
Rocky Mountain Raiders	1	7	4	0	2	1	16	13	.571
Harfangs du Triolet	1	7	4	0	1	2	16	11	.571
North Bay Ice Boltz	1	7	3	1	1	2	18	15	.571
Red Deer Chiefs	1	7	2	2	0	3	16	16	.571
Express du Richelieu	1	7	2	2	0	3	22	27	.571
Scarborough Sharks	1	6	3	0	0	3	14	21	.500
Toronto Aeros	1	7	3	0	1	3	25	18	.429
Metro Boston Pizza	3	17	3	0	1	13	25	52	.177
Durham West Lightning	1	7	3	0	0	4	22	19	.429
Prince Albert Bears	1	5	2	0	0	3	11	14	.400
Central Plains Capitals	1	7	2	0	2	3	15	17	.286
Kodiaks du Lac St-Louis	1	7	2	0	0	5	12	23	.286
Fraser Valley Phantom	2	10	2	0	0	8	19	31	.200
Moncton Rockets	3	15	2	0	2	11	29	74	.133
Remparts du Richelieu	1	5	1	0	0	4	10	19	.200
Capital District Cyclones	1	5	1	0	0	4	8	27	.200
Rebelles de Saguenay-Lac-St-Jean	1	5	0	1	0	4	5	21	.200
Northern Stars	1	4	0	0	0	4	3	21	.000
Mid-Isle Wildcats	1	5	0	0	0	5	4	30	.000
Kings County Kings	1	5	0	0	0	5	5	43	.000



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

ATLANTIC REGION REPRESENTATIVES | REPRÉSENTANTS DE LA RÉGION DE L'ATLANTIQUE

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	Mid-Isle Wildcats	5	0	0	0	5	4	30	6th Place
2016	Metro Boston Pizza	5	1	0	1	3	5	10	6th Place
2015	Moncton Rockets	5	0	0	0	5	5	30	6th Place
2014	Moncton Rockets	5	1	0	0	4	11	27	6th Place
2013	Metro Boston Pizza	5	0	0	0	5	4	20	6th Place
2012	Metro Boston Pizza	7	2	0	0	5	16	22	4th Place
2011	Kings County Kings	5	0	0	0	5	5	43	6th Place
2010	Moncton Rockets	5	1	0	2	2	13	17	5th Place
2009	Northern Stars	4	0	0	0	4	3	21	5th Place

ONTARIO REGION REPRESENTATIVES | REPRÉSENTANTS DE LA RÉGION DE L'ONTARIO

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	Durham West Lightning	7	3	0	0	4	22	19	Bronze
2016	Brantford Ice Cats	7	5	0	1	1	30	14	Gold
2015	Sudbury Lady Wolves	7	6	0	0	1	27	11	Gold
2014	Sudbury Lady Wolves	7	4	0	0	3	19	15	Bronze
2013	North Bay Ice Boltz	7	3	1	1	2	18	15	Silver
2012	Thunder Bay Queens	7	6	0	0	1	42	15	Silver
2011	Toronto Aeros	7	3	0	1	3	25	18	Bronze
2010	Thunder Bay Queens	7	6	0	0	1	25	13	Gold
2009	Scarborough Sharks	6	3	0	0	3	14	21	Silver

PACIFIC REGION REPRESENTATIVES | REPRÉSENTANTS DE LA RÉGION DU PACIFIQUE

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	St. Albert Slash	7	6	1	0	0	19	4	Gold
2016	Rocky Mountain Raiders	7	4	0	2	1	16	13	Bronze
2015	Edmonton Thunder	5	1	1	0	3	9	10	5th Place
2014	Edmonton Thunder	7	1	2	0	4	16	18	Silver
2014	Fraser Valley Phantom	5	1	0	0	4	12	15	5th Place
2013	Edmonton Thunder	7	4	2	0	1	23	18	Bronze
2012	Edmonton Thunder	7	3	0	2	2	15	10	Bronze
2011	Edmonton Thunder	7	5	1	0	1	25	12	Silver
2010	Edmonton Thunder	7	2	1	1	3	17	18	Bronze
2009	Edmonton Thunder	6	2	0	0	4	17	14	4th Place



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

QUEBEC REGION REPRESENTATIVES | REPRÉSENTANTS DE LA RÉGION DU QUÉBEC

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	Harfangs du Triolet	7	4	0	1	2	16	11	Silver
2016	Express du Richelieu	7	2	2	0	3	22	27	Silver
2013	LHFDQ Nord	7	5	0	0	2	31	16	Gold
2012	Rebelles de Saguenay-Lac-St-Jean	5	0	1	0	4	5	21	6th Place
2011	Kodiaks du Lac St-Louis	7	2	0	0	5	17	23	4th Place
2010	Remparts du Richelieu	5	1	0	0	4	10	19	6th Place

WEST REGION REPRESENTATIVES | REPRÉSENTANTS DE LA RÉGION DE L'OUEST

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	Prince Albert Bears	5	2	0	0	3	11	14	5th Place
2016	Saskatoon Stars	7	3	0	0	4	11	16	4th Place
2015	Saskatoon Stars	7	5	0	1	1	26	14	Bronze
2015	Central Plains Capitals	7	2	0	2	3	15	17	4th Place
2014	Weyburn Gold Wings	7	6	0	0	1	20	12	Gold
2013	Regina Rebels	7	3	0	2	2	20	18	4th Place
2012	Pembina Valley Hawks	7	5	1	0	1	20	11	Gold
2011	Notre Dame Hounds	7	5	1	1	0	38	11	Gold
2010	Notre Dame Hounds	7	4	1	0	2	28	19	Silver
2009	Westman Wildcats	6	4	0	0	2	21	14	Gold

HOST TEAMS | ÉQUIPES HÔTES

Year	Team	GP	W	OTW	OTL	L	GF	GA	Result
Année	Équipe	PJ	V	VP	DP	D	BP	BC	Résultat
2017	Pembina Valley Hawks	7	3	0	0	4	15	12	4th Place
2016	Weyburn Gold Wings	5	0	2	0	3	11	15	5th Place
2015	Red Deer Chiefs	7	2	2	0	3	16	16	Silver
2014	Stoney Creek Sabres	7	4	0	2	1	22	13	4th Place
2013	Fraser Valley Phantom	5	1	0	0	4	7	16	5th Place
2012	Capital District Cyclones	5	1	0	0	4	8	27	5th Place
2011	St. Albert Slash	5	1	1	1	2	13	11	5th Place
2010	Regina Rebels	7	2	1	0	4	13	20	4th Place
2009	Calgary Flyers	6	5	0	0	1	27	12	Bronze



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

AWARD WINNERS | RÉCIPENDAIRES DES PRIX

MOST VALUABLE PLAYER JOUEUSE LA PLUS UTILE

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Halle Oswald	Pembina Valley Hawks
2016	Nicole Kelly	Brantford Ice Cats
2015	Sophie Shirley	Saskatoon Stars
2014	Alexandra Poznikoff	Edmonton Thunder
2013	Mikaeli Cavell	Edmonton Thunder
2012	Michela Cava	Thunder Bay Queens
2011	Morgan Glover	Edmonton Thunder
2010	Kaitlyn Tougas	Thunder Bay Queens
2009	Brittany Styner	Calgary Flyers

TOP SCORER MEILLEURE POINTEUSE

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Kate Gallant	Durham West Lightning
2016	Nicole Kelly	Brantford Ice Cats
2015	Sophie Shirley	Saskatoon Stars
2014	Karli Shell	Sudbury Lady Wolves
2013	Valérie Audet	LHFDQ Nord
2012	Michela Cava	Thunder Bay Queens
2011	Olivia Howe	Notre Dame Hounds
2010	Brienna Gillanders	Notre Dame Hounds
2009	not awarded / non décerné	

TOP FORWARD MEILLEUR AVANT

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Chloé Gendreau	Harfangs du Triolet
2016	Nicole Kelly	Brantford Ice Cats
2015	Karli Shell	Sudbury Lady Wolves
2014	Karli Shell	Sudbury Lady Wolves
2013	Jade Downie-Landry	LHFDQ Nord
2012	Jessica Gazzola	Thunder Bay Queens
2011	Olivia Howe	Notre Dame Hounds
2010	Janik Robichaud	Moncton Rockets
2009	Brittany Esposito	Edmonton Thunder



NATIONAL FEMALE MIDGET CHAMPIONSHIP

GUIDE AND RECORD BOOK

TOP DEFENCEMAN MEILLEUR DÉFENSEUR

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Katelyn Heppner	Pembina Valley Hawks
2016	Paige Cohoon	Brantford Ice Cats
2015	Tamara McVannel	Central Plains Capitals
2014	Jessica Healey	Edmonton Thunder
2013	Corie Jacobson	North Bay Ice Boltz
2012	Madison Hutchinson	Pembina Valley Hawks
2011	Emma Korbs	Toronto Aeros
2010	Riana Magee	Edmonton Thunder
2009	Brigette Lacquette	Westman Wildcats

TOP GOALTENDER MEILLEUR GARDIENNE DE BUT

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Camryn Drever	St. Albert Slash
2016	Kate Lloyd	Rocky Mountain Raiders
2015	Danika Ranger	Sudbury Lady Wolves
2014	Jane Kish	Weyburn Gold Wings
2013	Sabrina Picard	North Bay Ice Boltz
2012	Brittni Mowat	Pembina Valley Hawks
2011	Morgan Glover	Edmonton Thunder
2010	Samantha Langford	Regina Rebels
2009	Emily Blakely	Northern Stars

MOST SPORTSMANLIKE PLAYER JOUEUSE AYANT LE MEILLEUR ESPRIT SPORTIF

Year	Winner	Team
Année	Vainqueur	Équipe
2017	Kate Gallant	Durham West Lightning
2016	Léonie Philbert	Express du Richelieu
2015	Nara Elia	Saskatoon Stars
2014	Claire Merrick	Stoney Creek Sabres
2013	Jodi Gentile	Fraser Valley Phantom
2012	Breanna Lanceleve	Metro Boston Pizza
2011	Matana Skoye	St. Albert Slash
2010	Kaitlyn Quarrell	Thunder Bay Queens
2009	Erin Lally	Calgary Flyers

