

PACIFIC REGION / RÉGION DU PACIFIQUE

ALBERTA FEMALE HOCKEY LEAGUE

Calgary Fire Red Deer Chiefs
Edmonton Jr. Oilers Rocky Mountain Raiders
Lloydminster Steelers St. Albert Slash



BRITISH COLUMBIA ELITE HOCKEY LEAGUE

Fraser Valley Rush Thompson-Okanagan Lakers
Greater Vancouver Comets Vancouver Island Seals
Northern Capitals



**Northern AAA
SUBWAY Selects**

ATLANTIC/ATLANTIQUE
NORTHERN SELECTS



ATLANTIC REGION / RÉGION DE L'ATLANTIQUE



MARITIME MAJOR FEMALE HOCKEY LEAGUE

Cape Breton Lynx Halifax Western Capitals
Dartmouth Penguins Northern Selects
Eastern Stars Western Flames
EDZA East Rockets Western Wind
Fundy Kraken

HOCKEY NEWFOUNDLAND & LABRADOR

Central IcePak Tri-Pen Ice
Eastern Ice Breakers Western Warriors
Northern Huskies

WEST REGION / RÉGION DE L'OUEST

MANITOBA FEMALE HOCKEY LEAGUE

Central Plains Capitals Westman Wildcats
Eastman Selects Winnipeg Avros
Interlake Lightning Winnipeg Ice
Pembina Valley Hawks Yellowhead Chiefs



**SASKATCHEWAN FEMALE
U18 AAA HOCKEY LEAGUE**

Battlefords Sharks Saskatoon Stars
Notre Dame Hounds Swift Current Wildcats
Prince Albert Bears Weyburn Gold Wings
Regina Rebels



WEST/OUEST
REGINA REBELS



HOST / HÔTE
PRINCE ALBERT BEARS

QUEBEC REGION / RÉGION DU QUÉBEC

HOCKEY QUÉBEC

Warriors du Lac St-Louis
Étoiles de Laurentides-Lanaudière
Amazones de Laval-Montréal
Stars 55 de Mauricie-CDQ
Intrépide de l'Outaouais
As de Québec
Remparts de Richelieu
Harfangs de Sherbrooke



QUÉBEC
ÉTOILES DE LAURENTIDES-LANAUDIÈRE



ONTARIO
STONE CREEK SABRES



ONTARIO REGION / RÉGION DE L'ONTARIO

ONTARIO WOMEN'S HOCKEY ASSOCIATION

Ancaster Avalanche Mississauga Hurricanes
Barrie Sharks Nepean Wildcats
Belleville Bearcats Niagara Rapids
Belmont Blazers North Bay Ice Boltz
Bluewater Hawks North Halton Twisters
Brampton Canadettes North York Storm
Brantford Ice Cats Oakville Hornets
Burlington Barracudas Ottawa Lady 67's
Caledon Coyotes Ottawa Senators
Cambridge Roadrunners Peterborough Ice Kats
Carleton Place Cyclones Rideau St. Lawrence Thunder
Central York Panthers Saugeen-Maitland Lightning
Chatham Kent Crush Sault Ste. Marie Wildcats
Clarington Flames Scarborough Sharks
Cornwall Lady Royals St. Catharines Brock
Durham West Lightning Jr. Badgers
Etobicoke Dolphins Stratford Aces
Gloucester Cumberland Stoney Creek Sabres
East Ottawa Stars Sudbury Lady Wolves
Guelph Jr. Gryphons Thunder Bay Queens
Hamilton Hawks Toronto Aeros
King Royals Toronto Leaside Wildcats
Kingston Ice Wolves Waterloo Ravens
Kitchener Lady Rangers West Northumberland Wild
Lakeshore Lightning Whitby Wolves
London Devilettes Windsor Wildcats
Markham-Stouffville Stars

#ESSOCUP



#COUPESSO