

3.7 Winning Style of Play

The description below remains unchanged from the 2018 quadrennial:

Introduction

The 'winning style of play' (WSP) for sledge hockey was initiated in a coaches and technical partners' workshop in December 2014. The discussion focused on what are the key determinants of a consistent podium performance in sledge hockey. During the past 3 years, the WSP has been modified by the NT coaches and guest coaches. The 'winning style of play' has been reviewed and updated annually since 2015. Based on continued discussions a number of key themes emerged that define a style of sledge hockey to achieve podium performances. These themes include:

- » Puck Possession
- » Playing Smart
- » Playing Fast
- » Playing as a Team

These four themes have been interpreted into a number of definable tactical outcomes that can be evidenced from coach observations and game analytics (Figures 1-4). The WSP is further characterized using a philosophy of 'three-zone' hockey. In total, there are 15 measurable tactical outcomes across three zones of hockey and special teams.

The winning style of play provides the framework for game and tournament statistics which allow for ongoing collection of evidence regarding team performances. Further, the WSP also provides the framework to evaluate other teams. In doing so, the WSP statistical framework provides: 1) an objective international comparative analysis, and 2) an international standard that is based on reliable and valid statistical modelling. Therefore, roster and tactical decisions are evidence based.

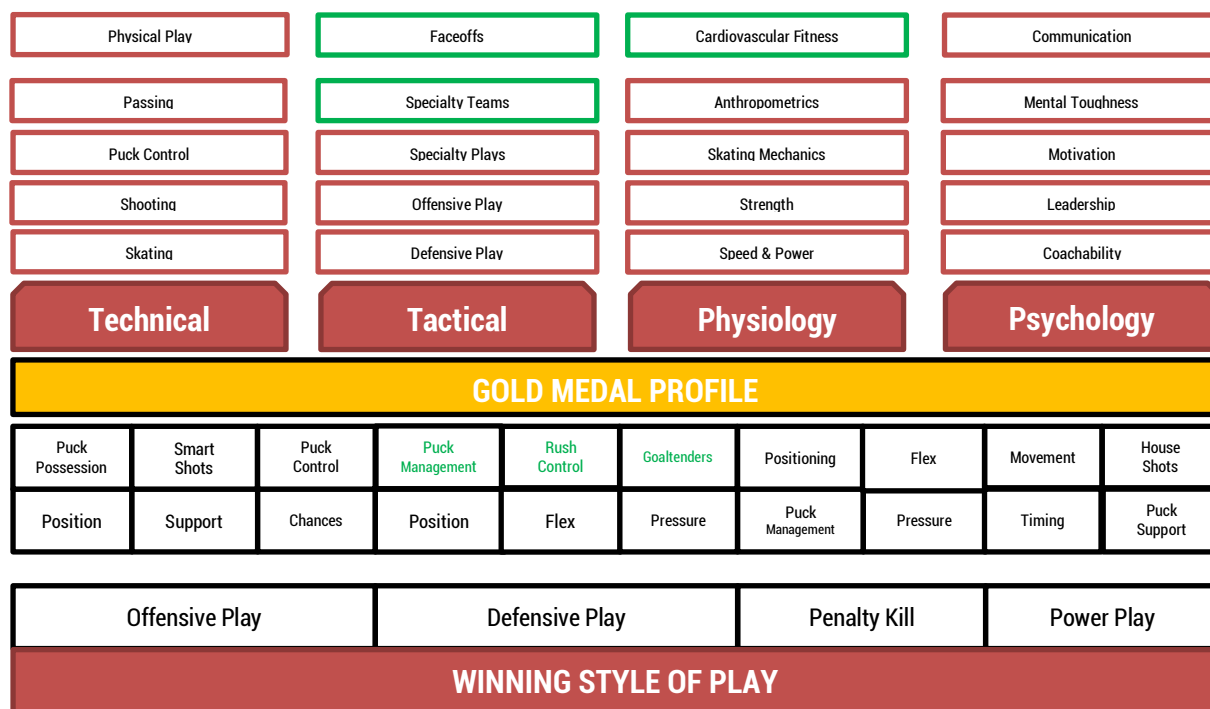


3.8 Gold Medal Profile

The description below remains unchanged from the 2018 quadrennial:

The 'winning style of play' for sledge hockey provides the framework to determine a player 'gold medal profile' (GMP) that serves as the performance characteristics or outcomes that each player, and the team as a whole, should demonstrate to achieve podium performances (Figure 3).

Figure 5 - Winning Style of Play & Gold Medal Profile: Framework



The GMP serves as a framework to:

1. Establish a set of performance targets based on definable player characteristics.
2. Evaluate players' strengths and weaknesses against an objective gold medal profile.
3. Identify new players using a standard of player characteristics.
4. Select players to the National Team and National Team competitions.

The GMP is a tool that can be used in a range of player evaluation contexts. It provides a tool for scouts to evaluate new talent as well as evaluate current player performances. Between the 'winning style of play' (team tactical) and 'gold medal profile' (player) a comprehensive analysis framework exists to identify gaps in player and team performance.

3.9 Evidence & Scoring Matrix

The description below remains unchanged from the 2018 quadrennial:

The fourteen (14) tactical outcomes of the 'winning style of play' and the sixteen (20) 'gold medal profile' performance indicators employ a range of measurable evidence. The evidence, both qualitative and quantitative, provides strong support to the overall conclusions regarding team and player performance.

To ensure a consistent evaluation of team and player performance a scoring scale of 0-to-5 (Appendix IV) for the evidences used to evaluate 14 WSP performance outcomes and 20 player characteristics. The evidence underpins the objective evaluation of winning style of play and player performances (Gold Medal Profile).

Figure 6 - Winning Style of Play / Gold Medal Profile: Statistical Evidence

Offensive Play – Breakout (exits)		PowerPlay Offensive Zone (Puck Management, smart shots)			
Offensive Play - Neutral Zone (Support Play, Puck Placement/Entry)		PowerPlay Defensive Zone (Positioning, Team Zone Exit)			
Offensive Play – Offensive Zone (Puck Control, Smart Shots, chances)		Penalty Kill Offensive Zone (Flex)			
Defensive Play – Forecheck (Scissor)		Penalty Kill – Defensive Zone (Flex)			
Defensive Play – Neutral Zone (Flex)		Defensive Play – Defensive Zone (Flex)			
Winning Style of Play Outcomes					
Team Player	Offensive/Defensive Play	Skating	Power & Speed	Competitiveness	
Decision-making	Puck Control	Strength	Motivation	Mental Toughness	
Physical Presence	Passing & Receiving	Skating Mechanics	Unselfishness	Leadership	
Transition	Shooting	Puck Control	Coachability	Communication	
Gold Medal Profile Indicators					
Transitions	RHIET	Shooting Accuracy	Sprint Tests	Strength Tests	Shots/Attempts Against
Faceoffs Wins/Loss	Breakouts	NZ Carry	Scoring Conversion	Takeaways (3 zones)	Giveaways (3 zones)
Shots/Accuracy	Shots/ Attempts	Hits	Powerplay Goals	Penalty Kills	Endurance Tests
Evidence Parameters					

Figure 8 - Winning Style of Play: Performance Indicators

PLAY SMART, PLAY FAST, PLAY AS A TEAM <i>Win Battles, Win Races, Win Games</i>				
	Performance Category	Performance Indicator	Description	Analytical Evidence
OFFENSIVE PLAY	Breakout	<i>Positioning 'Slash' B/O</i>	Anticipates and supports play through effective positioning on breakout. First pass execution with precision initiating team breakout with speed.	<i>Good breakouts</i>
	Neutral Zone	<i>Support Play</i>	Execute short passes in support neutral zone play and attacking offensive zones with numbers and support on puck.	<i>Clean entries</i>
		<i>Entry – Puck Placement</i>	Effective offensive zone entry with strong puck placement to positions of pressure and high opportunity for retrieval.	<i>Turnovers</i> <i>Good plays</i>
	Offensive zone	<i>Puck Control</i>	Intelligent puck possession and movement creating time and space. Winning pucks along boards to maintain control. Face-off possession optimized with set plays and structured positioning.	<i>Face-off wins</i> <i>Chances</i> <i>Turnovers/Giveaways</i> <i>Dump-ins</i> <i>Rims</i>
		<i>Smart Shots</i>	High quality shots from 'red' zone allowing for rebounds and net pressure. Strong execution on shots for accuracy and speed.	<i>Shot Attempts</i> <i>Shooting accuracy</i>
		<i>Positioning</i>	Team system execution with puck management and support. Net presence and pressure focusing on winning one-on-one battles.	<i>Scoring rate</i> <i>Turnovers/giveaways</i>
DEFENSIVE PLAY	Forecheck	<i>Positioning</i>	Play an effective team system with positional responsibility executed with speed and aggression.	<i>Steals</i>
		<i>Pressure off Triggers</i>	Effectively read the play to maintain forecheck pressure and create opposition to make poor decisions.	<i># Hits</i>
	Neutral Zone	<i>Team Structure</i>	Provide cover and situational support for teammate. Force turnovers in neutral zone with effective angling and passing lane coverage.	<i>Steals</i> <i>Hits</i>
	Defensive Zone		Structured defensive zone set-up with effective management of time and space.	<i>Steals</i>
			Puck pressure with rotational coverage and layering defence. Winning battles and races. Transitioning as a team with quick first pass to initiate offense as a team.	<i>Good breakouts</i>
POWER PLAY	Offensive Zone	<i>Puck Management</i>	Execute structured offensive play with flow and creativity that support high percentage play opportunities. Support puck possession with short passes and play in numbers on puck.	<i>Powerplay Attempts/Goals</i> <i>Shots</i> <i>Chances</i>
		<i>Net Pressure</i>	Initiate net pressure with strong presence and shot mentality from 'red' zone; focusing on rebound opportunities.	<i>Goals</i> <i>Shots</i> <i>Chances</i>
	Defensive Zone	<i>'Wave' B/O</i>	Team structure with support play on puck and short passes. Breakout as a group.	<i>SHGA</i>
		<i>Team Zone Entry</i>	Enter with numbers and speed maintaining puck possession to initiate offensive play.	<i>Goals</i> <i>Shots</i> <i>Chances</i>
PENALTY KILL	Offensive Zone	<i>Puck Pressure & Support</i>	Team play with accurate reads off forward's pressure. Forcing pressure on F/C.	<i>Take-aways</i> <i>Shot attempts</i> <i>Short-handed goals for</i>
	Defensive Zone	<i>Puck Support & Pressure</i>	Structured and balanced zone coverage with aggressive puck pursuit and support on loose pucks. Effective clearance to allow for quick line changes.	<i>Take-aways</i> <i>Shot attempts against</i> <i>PK ratio / %</i>