



# CANADIAN NATIONAL SLEDGE HOCKEY TEAM PRACTICE PLAN

Date: \_\_\_\_\_ Duration: \_\_\_\_\_ (min)

Time:	Drill Name:	
Key Teaching Points (KTP):		Key Execution Points (KEP):

Time:	Drill Name:	
Key Teaching Points (KTP):		Key Execution Points (KEP):

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Key Teaching Points (KTP):		Key Execution Points (KEP):