

CANADIAN NATIONAL SLEDGE HOCKEY TEAM PRACTICE PLAN

| Date: | | _ Duration: | (min) | |
|------------------------|--------------|-------------|-------|-----------------------------|
| Time: Key Teaching Po | Drill Name: | | | Key Execution Points (KEP): |
| Time: | Drill Name: | | | |
| Key Teaching Po | pints (KTP): | | | Key Execution Points (KEP): |
| Time: Key Teaching Po | Drill Name: | | | Key Execution Points (KEP): |