

LOCATION:

CONTACT:

DATE:

TIME:



FREE! REGISTER NOW

The **ESSEO FUN DAY** is comprised of on ice and off ice sessions, designed for first time female participants of all ages and has the following objectives:

- 1) to introduce the basic skills in a positive, FUN, non-threatening environment
- 2) to provide information on female hockey and the local association
- 3) to meet friends
- 4) to teach the concepts of fair play, fitness, safety, team work and the importance of a positive attitude
- 5) to provide a memorable experience for all who attend.

WWW.HOCKEYCANADA.CA



ESSEO FUN DAY

Find out what female hockey is all about...

